

**208 Area Wide Water Quality Management Plan Update**  
**Monitoring Subcommittee**  
**April 22, 2014**  
**1pm**  
**Cape Cod Commission Conference Room**

Attendance: Tom Cambareri, CCC  
Erin Perry, CCC  
Scott Horsley, Consultant to CCC  
Amy Costa, Provincetown Center for Coastal Studies  
Matt Reardon, MassDEP  
Bob Duncanson, Town of Chatham  
Marcel Belaval, EPA  
Brian Dudley, MassDEP  
Rich Delaney, Provincetown Center for Coastal Studies  
George Heufelder, Barnstable County Department of Health and Environment  
Robyn Hannigan, UMASS Boston  
Tim Gleason, EPA

**208 Plan Update** – See presentation for associated slides

Tom Cambareri discussed the mission of the Subcommittee: To provide advice and guidance on appropriate monitoring protocols for technology efficiency and total maximum daily loads, while identifying a process for consolidating all available monitoring data in a central location and format.

He also discussed the roles and responsibilities:

- Establish performance monitoring protocols for technologies that may be a part of watershed permits in the future
- Establish compliance monitoring protocols for meeting TMDLs in the water body
- Establish process and structure for consolidating and cooperation of existing monitoring programs and data in to a centralized location
- Identify region-wide monitoring needs and develop proposals

He described the 11 watershed working groups and the 4 subregional working groups that make up the stakeholder process, including regular meetings of the committees and subcommittees associated with the process.

He described the standing meeting agendas for the subregional meetings, which include scenario planning, regulatory, legal and institutional issues, and implementation, as well

as the shared nature of the problem – 32 of the 57 embayment watersheds are shared by one or more towns.

He discussed the need to designate waste management agencies to implement the 208 plan update and the challenges to intermunicipal collaboration that were identified by the stakeholder groups.

Two approaches have been used in the 208 plan update process – the traditional approach and the non-traditional approach, including a list of all technologies included in our technologies matrix.

Using Three Bays as an example, Tom showed the 3 “footprints” generated for each watershed as part of the 208 plan update – the targeted footprint, the targeted footprint after a reduction in stormwater and fertilizer nitrogen, and the non-traditional footprint.

The triple bottom line model is decision support tool that allows one to compare up to three scenarios at once for environmental, social, and financial criteria.

The traditional and non-traditional technology frameworks were presented. The traditional framework is well understood and the non-traditional framework represents our preliminary thinking about the type and frequency of monitoring associated with each non-traditional technology.

The adaptive management framework, which shows how non-traditional technologies may be incorporated in to plans over time, with decision points every 5 years on effectiveness, was presented.

Current monitoring includes Groundwater Discharge Permit monitoring, non-profit organization monitoring, Massachusetts Estuaries Project (MEP) monitoring, etc. The questions include: how does this monitoring need to be evaluated and what role does it play in TMDL compliance and assessing the effectiveness of non-traditional technologies?

### **Discussion on how monitoring fits in with 208 Plan Update process and watershed management**

Robyn Hannigan asked if we have considered spatial frequency needed and the frequency of monitoring needed at different sites.

Tom said that, through MEP, we have characterization of watersheds that have TMDLs, but we need to evaluate whether the sampling completed was too much or too little. Challenging because we have multiple basins as opposed to one to monitor and evaluate.

Bob Duncanson said there are really two issues – technology monitoring, which is more short term need, to get information to make decisions on whether or not a technology is a good option, and TMDL compliance, which for many towns is far down the road. For Chatham, it's a 30 year master plan. From the communities perspective, monitoring for technology effectiveness is probably a higher priority.

George Heufelder said that the technologies that are “water in water out” have some information associated with them and are easier to monitor. For the ones that don't have clear boundaries, it's more difficult to figure out where to monitor and that will drive costs up.

Bob said that many towns talk about inlet widening and you need some level of pre monitoring data. How many years of data do you need? For Muddy Creek, we have 12 years, so we should be able to determine whether it is effective.

George said he doesn't know how rare it is to have sentinel stations already being monitored, but those would be the locations to consider for demonstration projects.

Amy Costa said that sentinel stations are only monitored in July and August.

Tom Cambareri asked if there is a need to monitor outside of July and August.

George said it depends on what the final goal is.

Brian Dudley said that ultimately the requirement is to restore habitat, not just to meet the target concentration at the station, so it's a question of the loads going in and knowing that what you do in the winter won't impact what's happening in the summer.

Robyn said the key is to know – what are you doing in the winter and does it impact the water body in the summer. Are there things you can do in the winter differently?

George said that he assumed that MEP took in to account that information when designing the monitoring.

Brian said they did take the window they felt was most appropriate.

Scott Horsley said that we are trying to pull data from wherever we can get it, but the proof is when we put them in the ground here and come up with an objective agreed upon approach for each – what would the monitoring plan look like?

George said what the plan looks like will drive the cost. Sometimes you cannot tell what the effectiveness is going to be until you put it where you want it and monitor. Proposed monitoring schemes need to be worked out for each.

Scott said he thought it might be helpful to identify pilot monitoring schemes and long-term monitoring schemes. Applying cost of pilot monitoring to long-term projects will likely be overestimating costs.

Marcel Belaval said that really makes it 3 pieces – TMDL compliance monitoring, pilot scale monitoring, and long-term technology monitoring.

George said that there are a lot of long term changes in the effectiveness of these technologies, especially living technologies, which may change as plants grow and change.

Amy said the same is for oysters – in Wellfleet, the oysters have changed in just 2.5 years.

Tom said that appropriate deployment of technologies is important to consider – we should look at what pilots would make the best case.

There was general agreement that the traditional technology monitoring is well understood. However, Amy mentioned that, depending on the location, additional monitoring of the impacts on the ecosystem may be desired by a community.

Marcel said that one question we need to answer is whether we are reopening the assumptions that MEP made are appropriate or not.

George said if you go by the MEP model it should tell you what your ecosystem response is. If it doesn't, there are other problems that need to be addressed.

Bob said that we concentrate sampling when people are here, in the summer.

Brian said that we need to identify appropriate statistical samples for certain technologies, like I/A systems, if they are being used as part of a plan for TMDL compliance.

Bob said that those are the things you need to know, all of the solutions being used for TMDL compliance need to be aggregated for cost and compared to the other scenarios.

Scott said we need to determine the best and efficient way to complete the monitoring – right now it's a lot of people and organizations, so it can likely be more efficient.

George mentioned using probes and electronic reporting and that someone needs to cost that out.

He said that maybe the best approach is to pick some folks to take a stab at what monitoring or concerns about monitoring might be applied to those technologies. What would a draft monitoring program look like and what are some concerns that can be identified?

Rich Delaney said that part of this will be driven by EPA and DEP regulations because they have to approve permits – what are you comfortable with?

Brian said that they worked closely with the town of Falmouth on their monitoring protocols for the non-traditional pilot projects.

Scott asked Marcel if the Office of Research and Development at EPA could assist in this effort.

Tim Gleason said that they could look at where the expertise lies in ORD and get back to the group. There may be some remote monitoring information that will be useful.

Tom brought back up the draft protocols and asked George what more needs to be developed for the traditional technologies, especially I/A systems, for the 208 plan update.

George said there is good data that showcases the variability with I/A systems and cluster systems. But conventional treatment and satellite treatment is not as variable and little probably needs to be done by this group for those technologies.

We need to close in on outliers – most I/A systems will remove about 50%. Scott asked where effluent is measured and George said that it is as it leaves the box. Influent monitoring is needed on comparable households to better understand the effluent measurements. It's not a lot of work, but it will take some time.

Bob asked whose responsibility it becomes to refine the number for I/A systems better. Do we tack it on to a town's pilot project or do we give it to George to get the data? Can it be funded through the 208 Plan Update?

George said it should be a process that is identified that whatever responsible entity is identified has to go through.

Scott said he thinks we can use a combination of technologies to get us to the goal in some watersheds.

George said as you go to mix and match you need to have a better idea of what the numbers for effectiveness are.

Tom asked Brian if he thought we should reevaluate monitoring for conventional and satellite systems and Brian thought that we have a good handle on that for now.

A discussion on individual non-traditional technologies:

Fertigation wells – Scott thinks you can take the full load reduction because you are replacing the area that is fertilized, so you would not apply additional fertilizer there.

George asked if the fertilizer foregone the only credit you should get.

George said that he thinks monitoring should be done in the winter as well as summer because you have some legacy to deal with in the summer. What you've leached over the winter is on its way to the well.

Scott said that many of the places we looked at were down gradient with applications up gradient.

Bob said that the credit should be the reduction in lbs of nitrogen fertilizer applied.

Scott said you are reducing nitrogen from fertilizer, but also using nitrogen in groundwater, so reduction could be greater.

Tom said that maybe we would need to be able to demonstrate uptake to get the further credit. Can we monitor below the turf to determine this?

Matt Reardon said a lot of it may be uptake that will be leached later in the season. If uptake is in a forested area it may not leach back as quickly.

Scott said that we are trying to put together a nitrogen budget for Cape Cod and all of the sources are about the same – there is a lot fertilizer coming on to the Cape.

George asked if there is hope to define a monitoring protocol to determine a credit or is it just the lbs of nitrogen not applied.

Matt said that is going to be very expensive and George replied that, in that case, it should be used in areas only where there is known fertilizer application.

Bob said that public water should not be used for these types of projects, they must be drilled.

Tom started to wrap up the meeting and said that we anticipate the group will meet monthly because there is a lot to consider. Tom asked for suggestions on monthly meeting times.

Marcel asked if this group would generate a report that would generate credits and Tom said it would be descriptive of the monitoring needed and would supplement the technologies matrix. The focus of the monitoring is to establish what credit can be given to that technology, in addition to the long-term monitoring.

It was brought up that there should be an effort to consolidate all of the existing data in to a central location. It was mentioned that organizations have tried to do this in the past and it has been unsuccessful, but that it would be a worthwhile effort.

George said that the first cut for this group should be to look at monitoring and frequency proposed and make changes/develop consensus around those changes.

Second cut, is how much it might cost.

Tom said we would look to modify the monitoring framework based on this feedback and to come back next month and talk about the PRBs and aquaculture in more detail.

Everyone will take technology framework and develop a list of bullets/suggestions.

Next meeting: May 19<sup>th</sup>, 20<sup>th</sup>, or 21<sup>st</sup> – Tom will send a Doodle poll out for availability.

**April 22, 2014**

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208 MONITORING  
Subcommittee



# SECTION 208 AREA WIDE WATER QUALITY MANAGEMENT PLAN

## **MONITORING SUBCOMMITTEE**

### **Mission:**

To provide advice and guidance on appropriate monitoring protocols for technology efficiency and total maximum daily loads, while identifying a process for consolidating all available monitoring data in a central location and format.

# SECTION 208 AREA WIDE WATER QUALITY MANAGEMENT PLAN

## **MONITORING SUBCOMMITTEE**

### **Roles and Responsibilities:**

- Establish performance monitoring protocols for technologies that may be a part of watershed permits in the future
- Establish compliance monitoring protocols for meeting total maximum daily loads (TMDLs) in the water body
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# Subgroup Boundaries 208 Water Quality Management Plan Update

## Lower Cape

- Herring River
- Pleasant Bay
- Stage Harbor Group
- Nauset and Cape Cod Bay Marsh Group

## Mid Cape

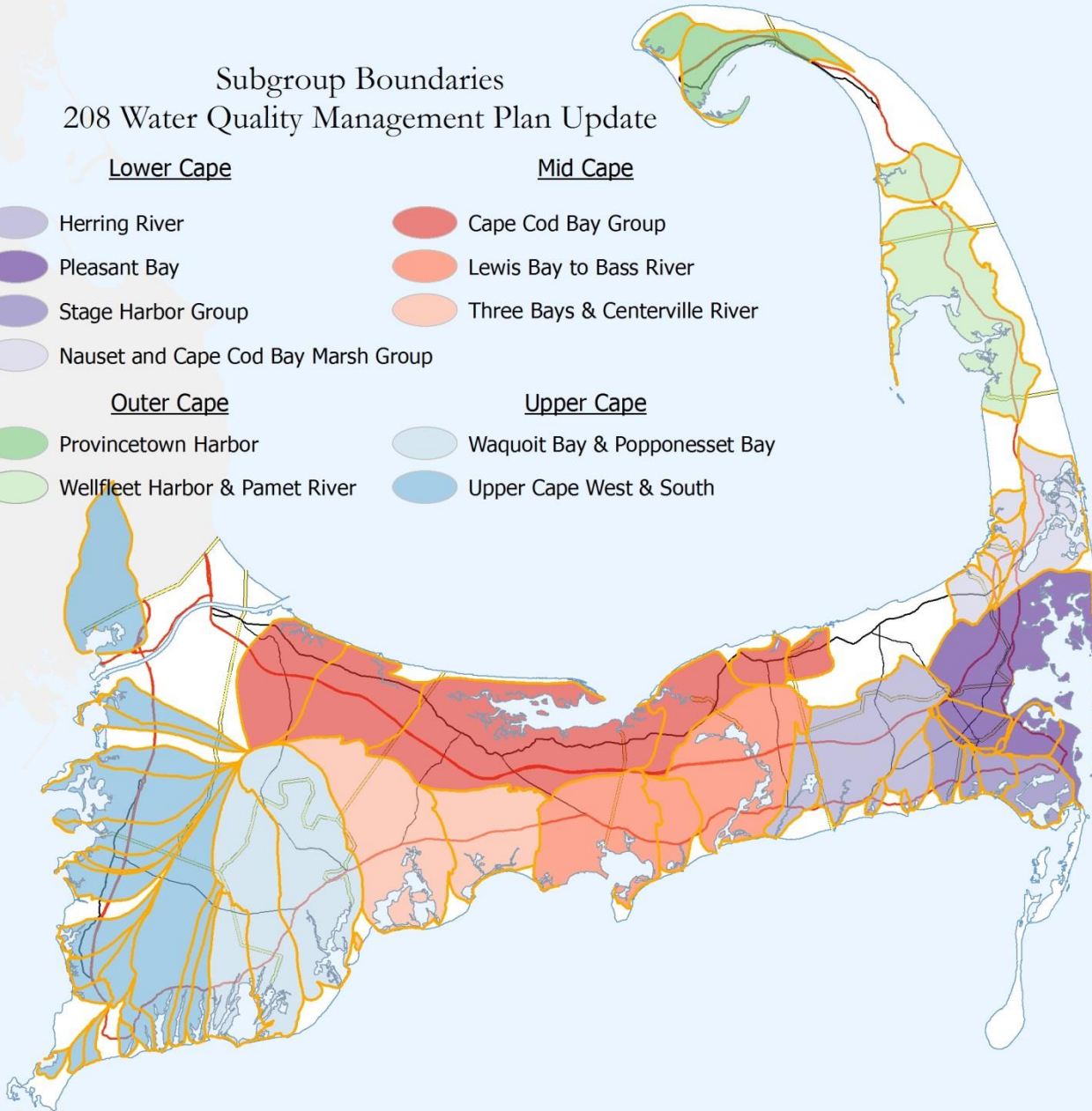
- Cape Cod Bay Group
- Lewis Bay to Bass River
- Three Bays & Centerville River

## Outer Cape

- Provincetown Harbor
- Wellfleet Harbor & Pamet River

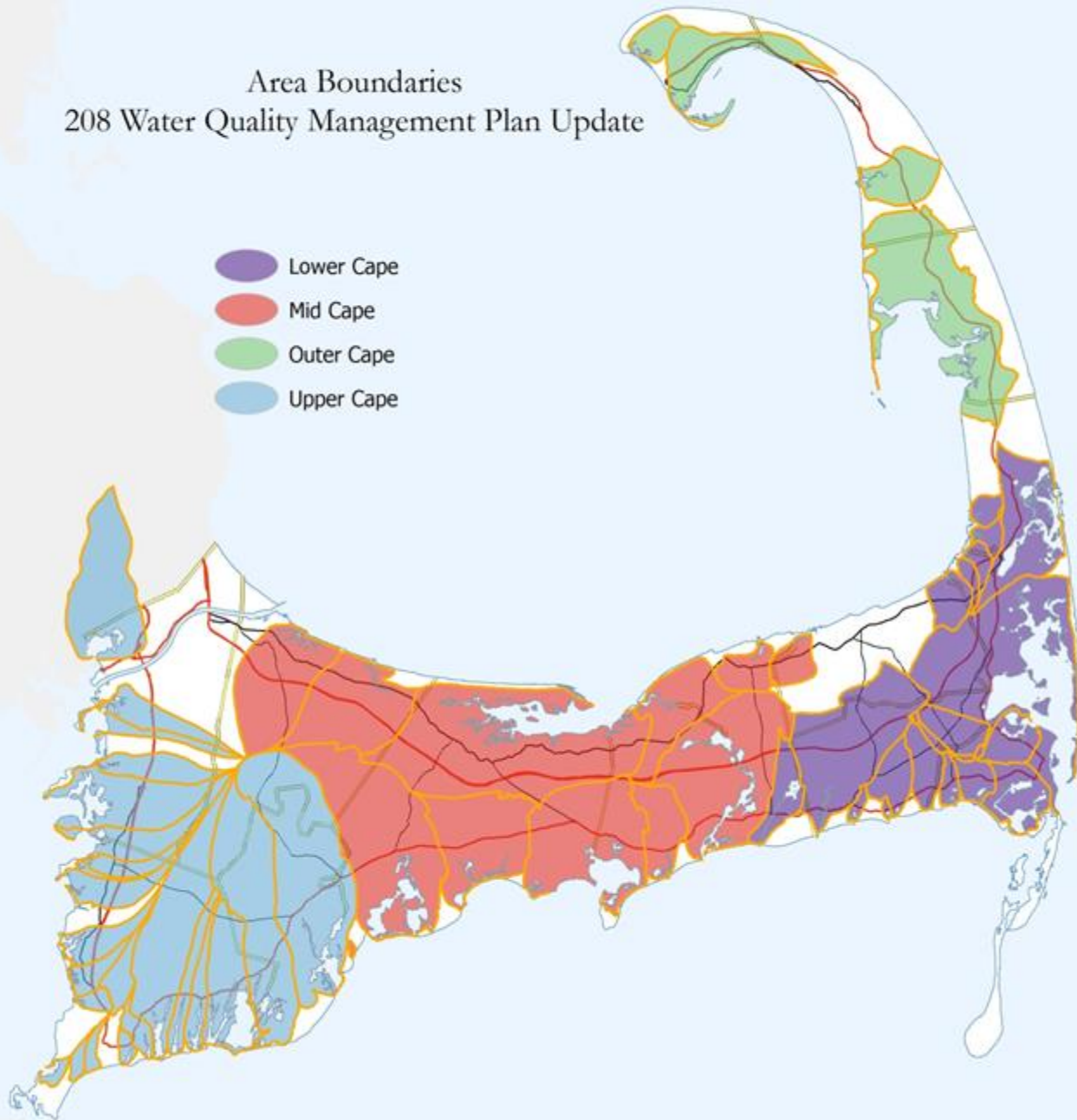
## Upper Cape

- Waquoit Bay & Popponesset Bay
- Upper Cape West & South



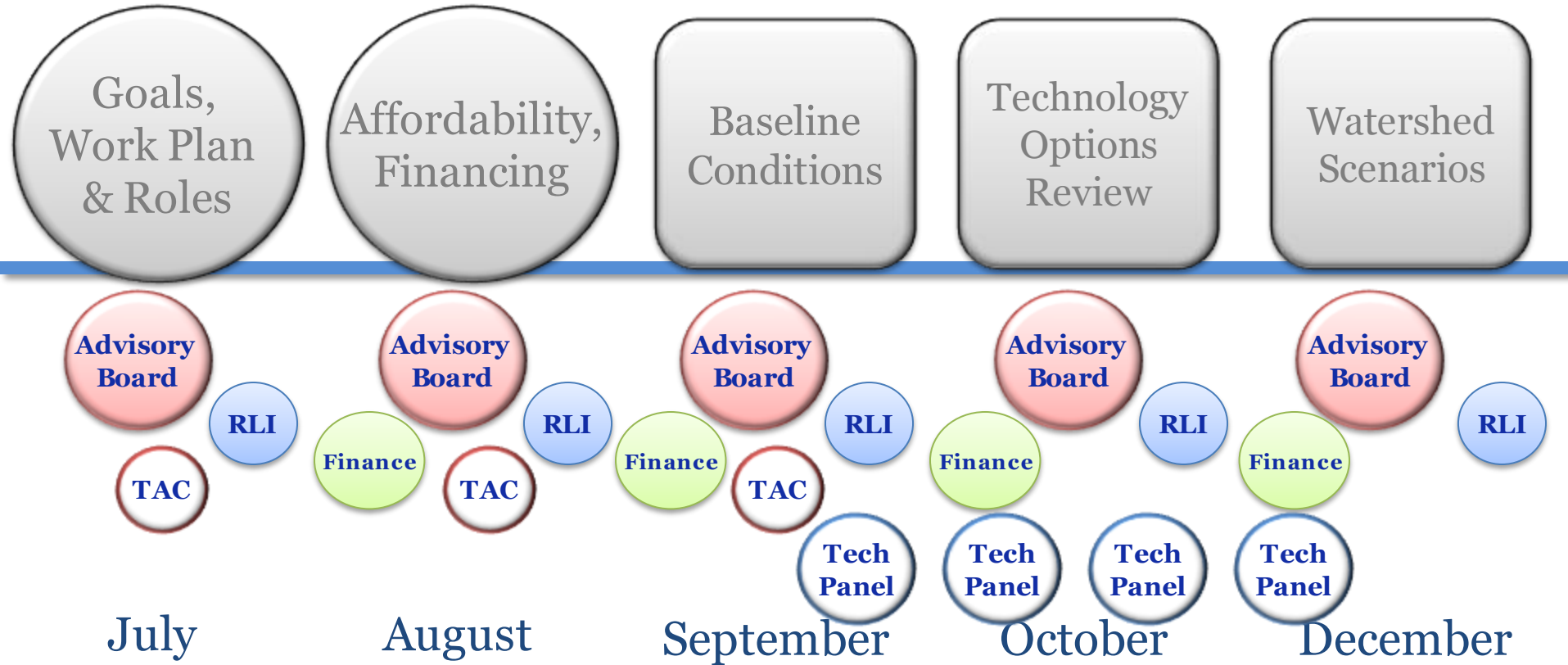
# Area Boundaries 208 Water Quality Management Plan Update

- Lower Cape
- Mid Cape
- Outer Cape
- Upper Cape



## Subregional

## Watershed Working Groups



**RLI** Regulatory, Legal & Institutional Work Group

**TAC** Technical Advisory Committee of Cape Cod Water Protection Collaborative

# 208 Planning Process

# Standing Sub Regional Meeting Topics

Scenario  
Planning

Regulatory,  
Legal,  
Institutional

Implementation

Mtg. 1

One representative  
watershed

Challenges & opportunities  
associated with permitting the  
watershed scenario

Adaptive  
management plans

Mtg. 2

**All shared  
watersheds & TBL  
model**

**Tools to support  
intermunicipal cooperation**

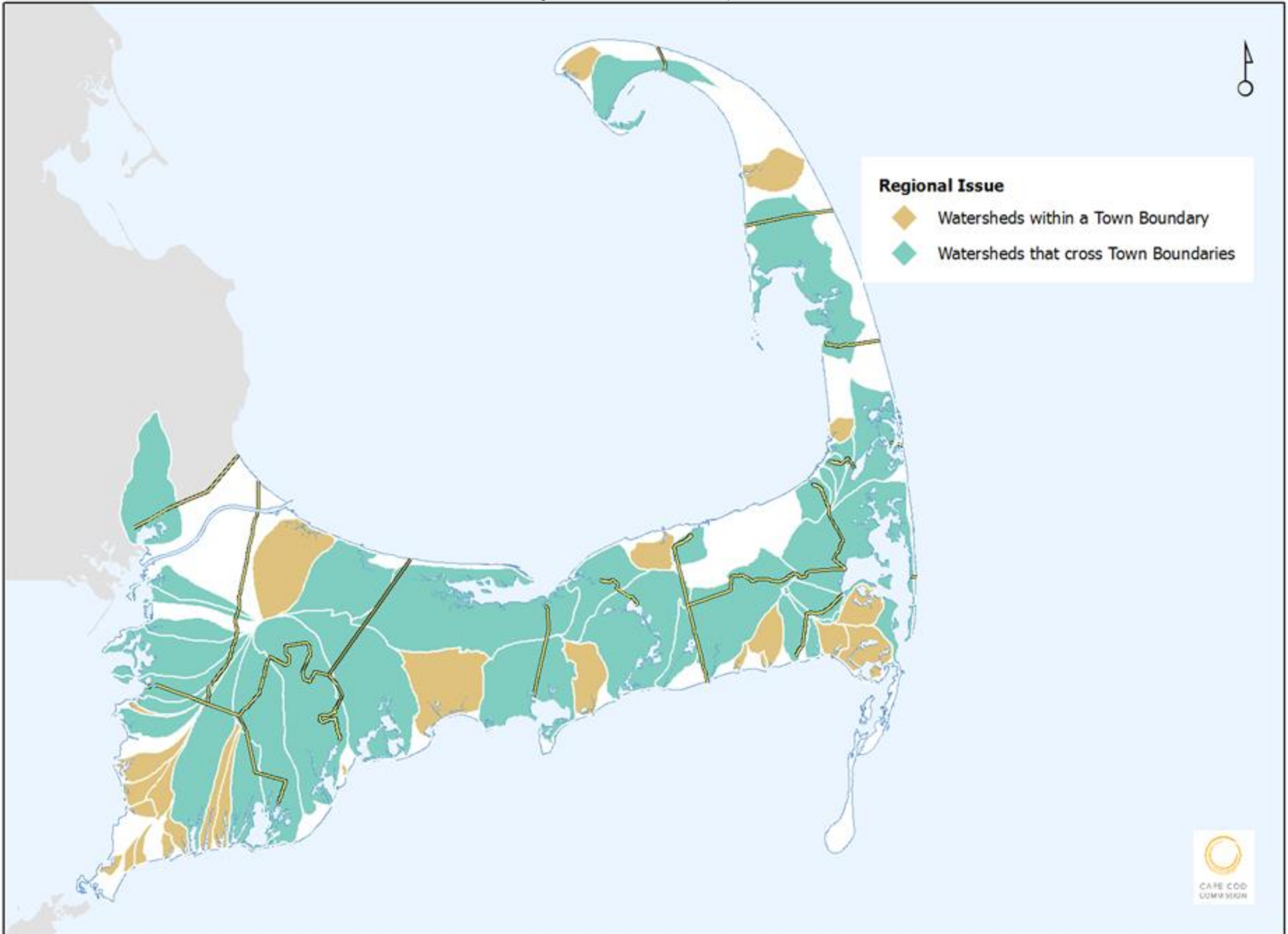
**Monitoring**

Mtg. 3

Subregional scenarios  
& TBL model

Structures for permitting

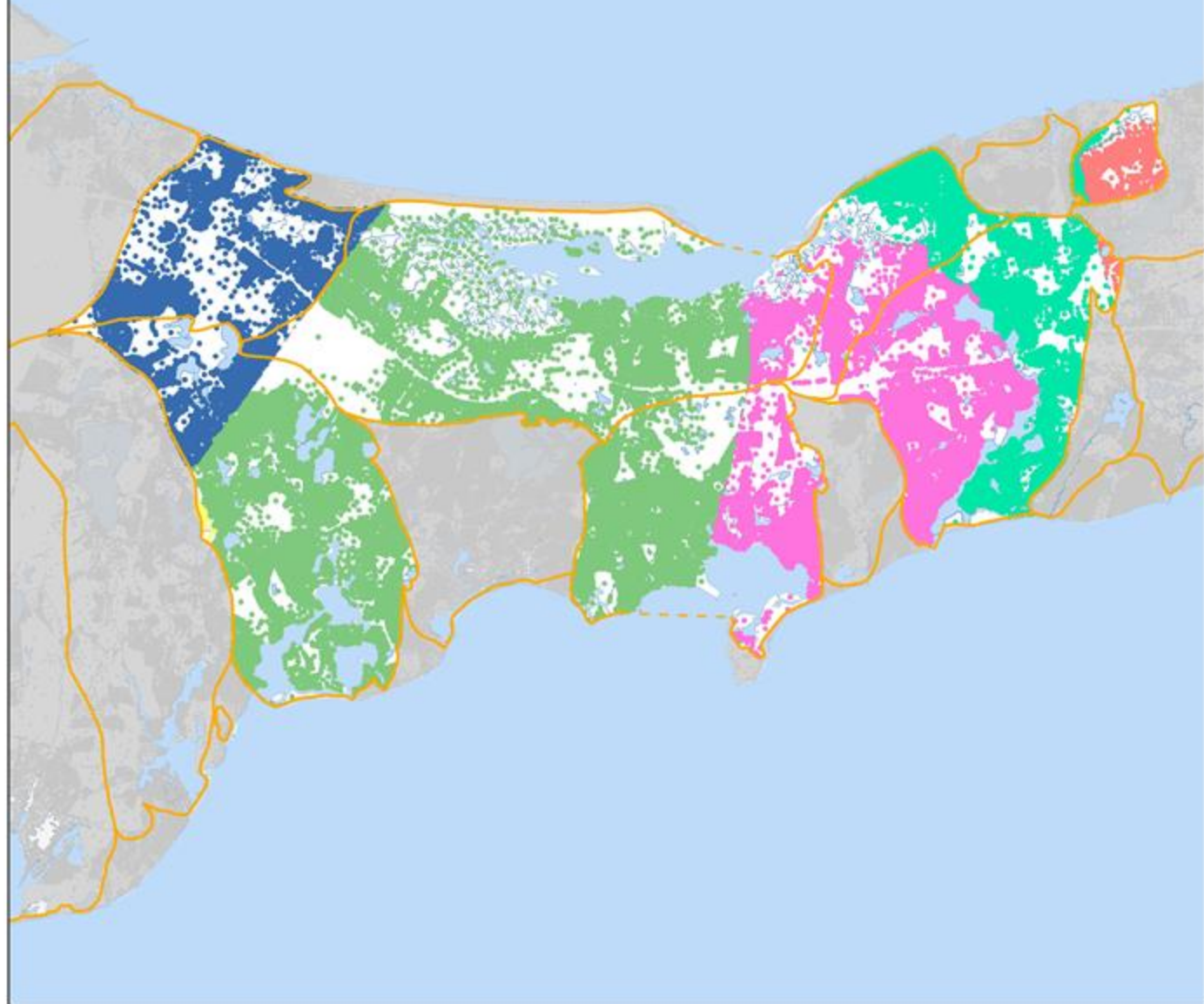
Financing &  
affordability



**Regional Issue**

- ◆ Watersheds within a Town Boundary
- ◆ Watersheds that cross Town Boundaries

- BARNSTABLE
- BREWSTER
- DENNIS
- MASHPEE
- SANDWICH
- YARMOUTH





# REQUIREMENTS OF CLEAN WATER ACT / EPA

## **208 plan requirement:**

- State must designate one or more waste management agency (WMA)

## **WMA must be able to:**

- Carry out plan
- Manage waste treatment
- Design & construct new, existing works
- Accept/utilize grants
- Raise revenues
- Incur indebtedness
- Assure each town pays its costs



# COLLABORATION CHALLENGES

## FROM SUB-REGIONAL MEETING 1

### Who decides?

- Which solutions to implement and when and how to re-assess?
- Different levels of planning across towns (including approved CWMPs)
- Different town decision-making processes and publics
- Timeline required for building agreement
- Managing disagreement

### Who pays?

- Coordinating multiple town funding approval processes
- Applying for and allocating off-Cape funding opportunities
- Differences in ability & willingness to pay
- Assigning responsibility for: capital funding, operation and maint., monitoring, data mgt., reporting
- Managing disagreement

### Who manages?

- Preparing the watershed plan for permitting
- Building, operating, maintaining, monitoring, and reporting
- Ultimate responsibility for water quality outcomes
- Managing disagreement

Intermunicipal Agreements

Federal/Municipal public-public partnerships

Independent Water and Sewer Districts

Water Pollution Abatement Districts

Independent Authority

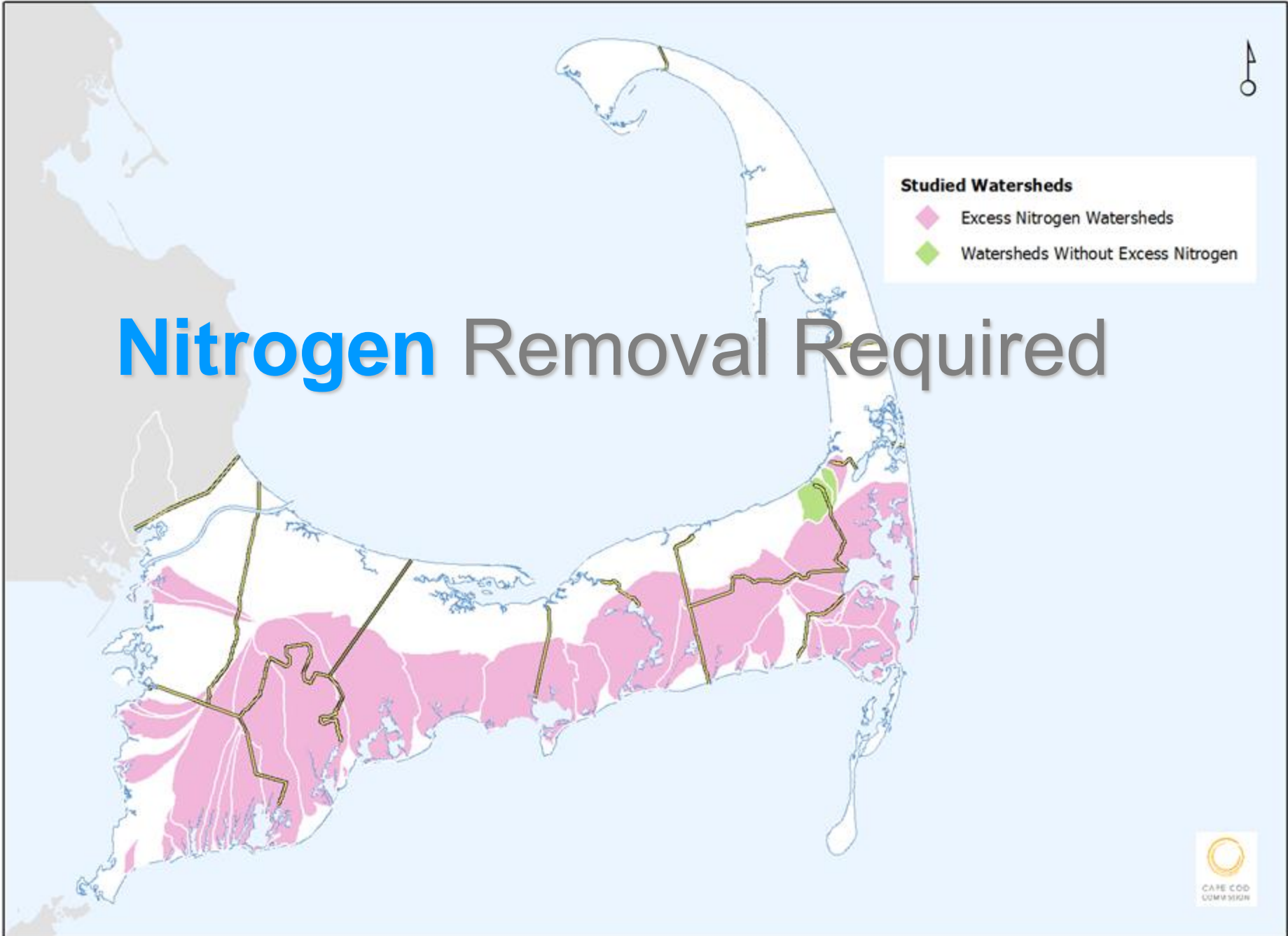
Regional Health District



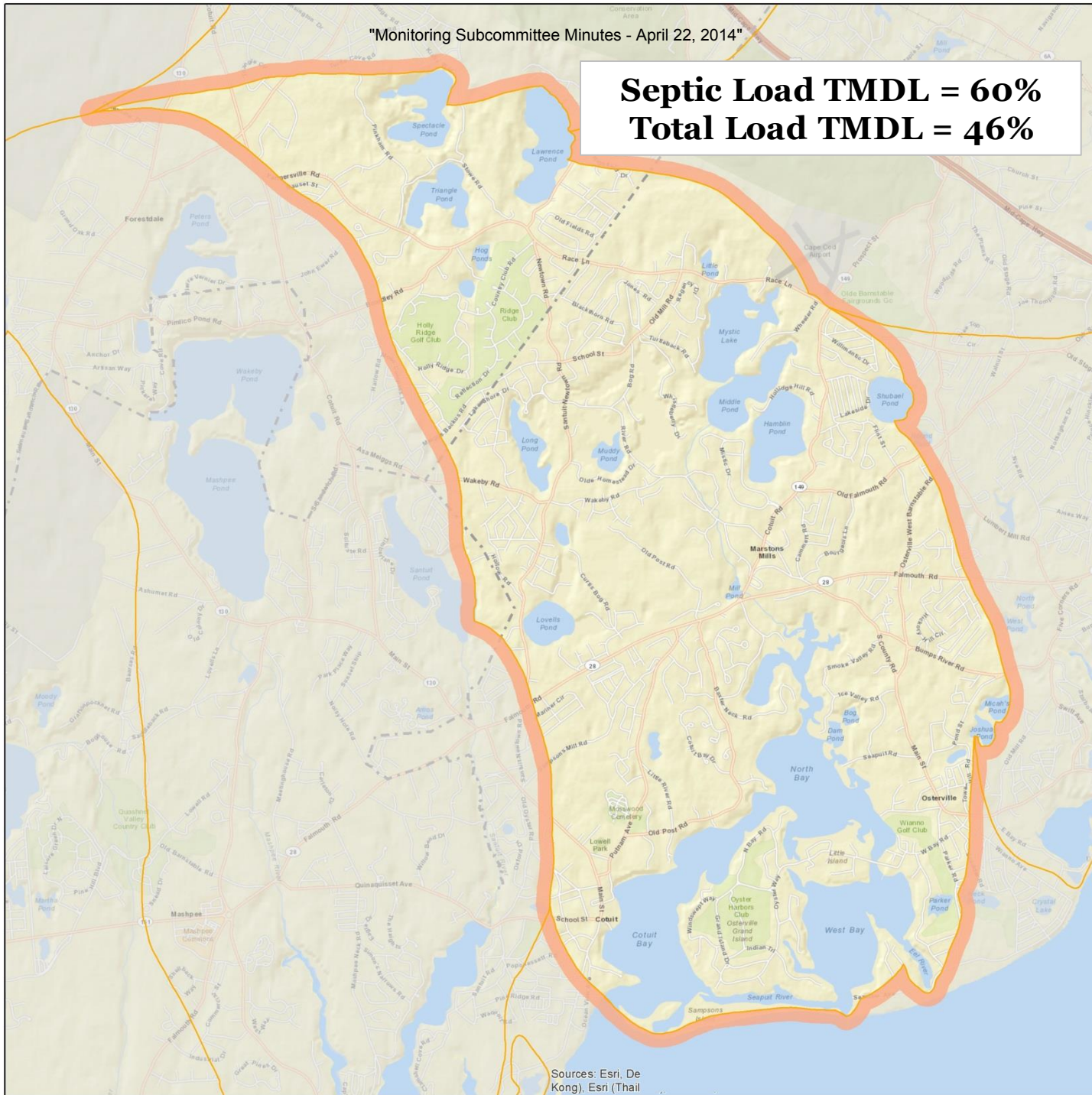
**Studied Watersheds**

- ◆ Excess Nitrogen Watersheds
- ◆ Watersheds Without Excess Nitrogen

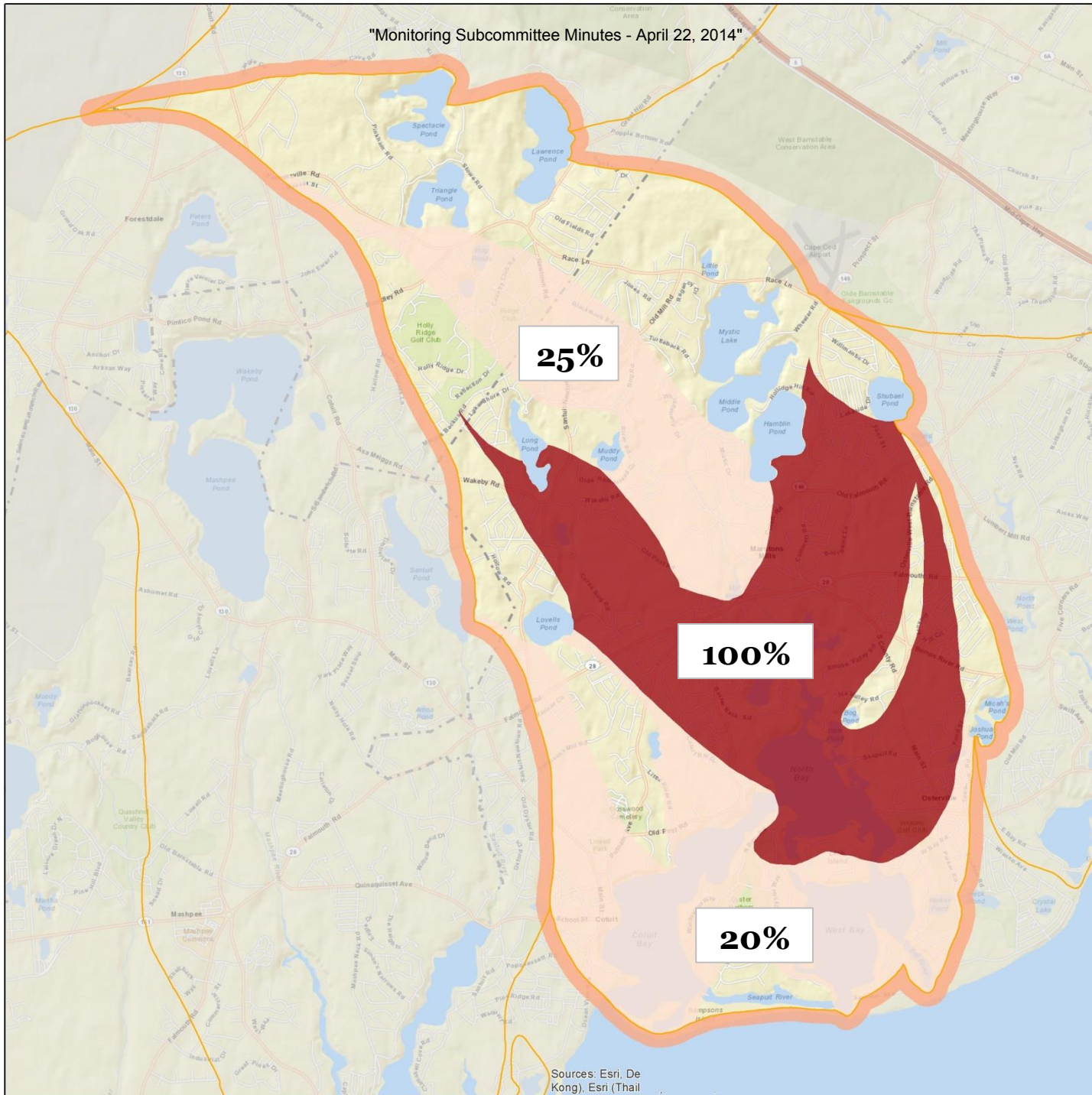
# Nitrogen Removal Required



**Septic Load TMDL = 60%**  
**Total Load TMDL = 46%**



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# Problem Solving Approach

■ Wastewater   
 ■ Existing Water Bodies   
 ■ Regulatory

## Traditional Approach

## Non-Traditional Approach



Site Scale

Neighborhood

Watershed

Cape-Wide

Prevention

- Remediation of Existing Development
- Fertilizer Management
- Transfer of Development Rights
- Stormwater BMPs
- Compact Development

Reduction

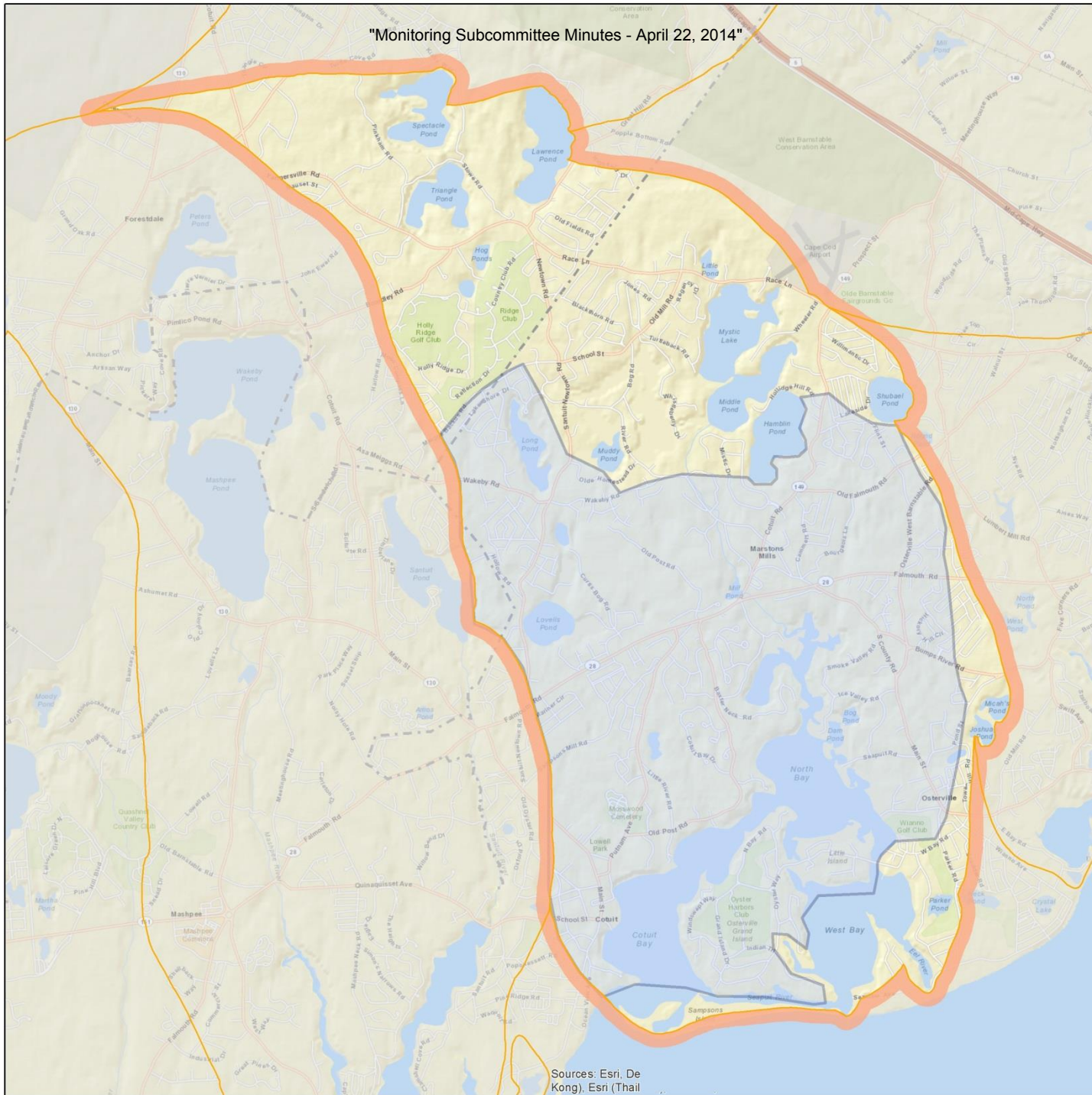
- Title 5 Standard Title 5 Systems
- Conventional Treatment
- I/A Title 5 Systems
- Cluster & Satellite Treatment Systems
- Advanced Treatment
- I/A Enhanced Systems
- Wastewater Collection Systems
- Effluent Disposal Systems
- Toilets: Urine Diverting
- Constructed Wetlands: Surface Flow
- Toilets: Composting
- Constructed Wetlands: Subsurface Flow
- Toilets: Packaging
- Stormwater: Bioretention / Soil Media Filters
- Toilets: Incinerating
- Stormwater: Wetlands
- Phytoirrigation
- Eco-Machines & Living Machines

Remediation

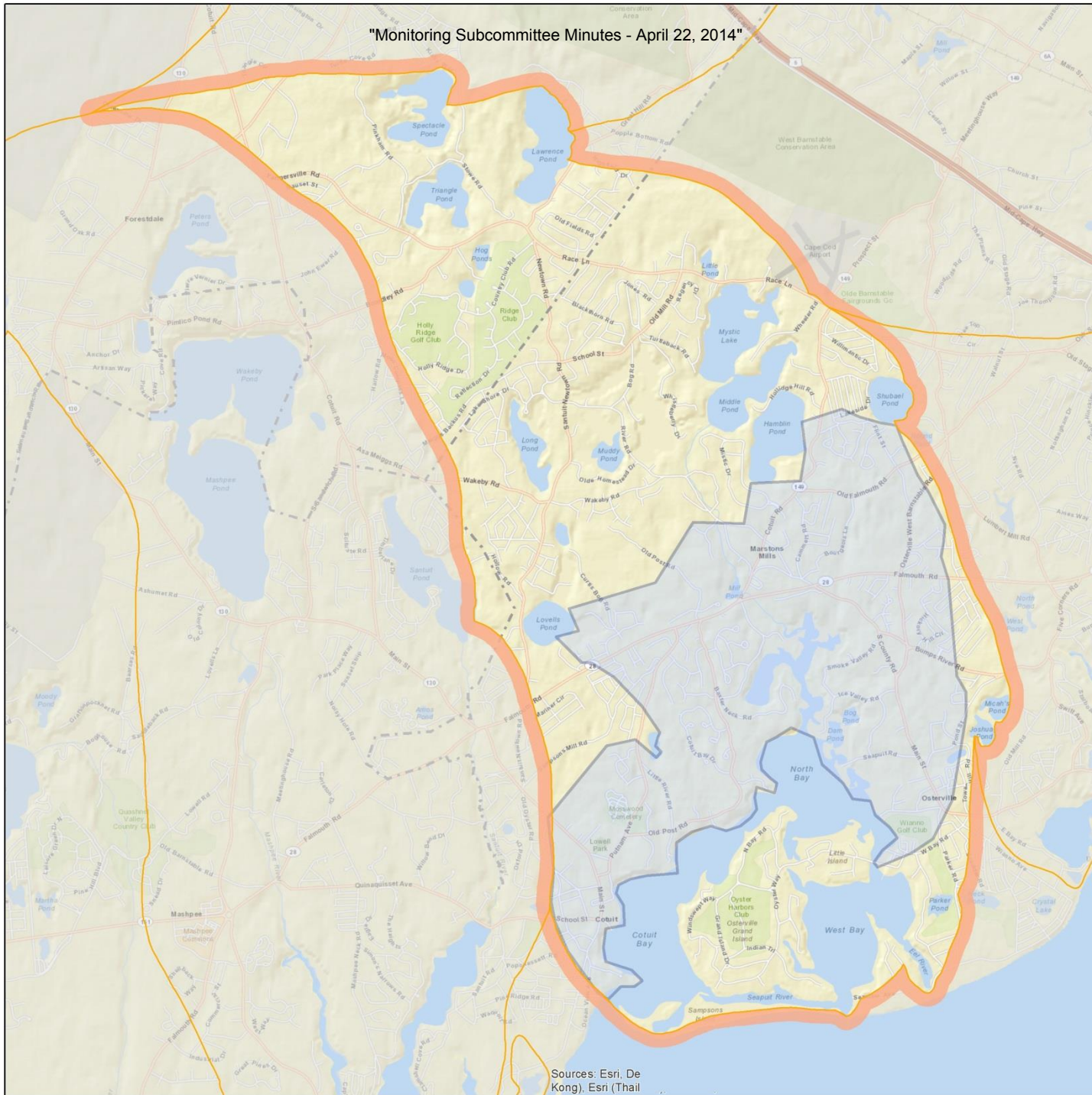
- Phytobuffers
- Fertigation Wells
- Permeable Reactive Barrier
- Shellfish and Salt Marsh Habitat Restoration
- Aquaculture/Shellfish Farming
- Inlet / Culvert Widening
- Pond and Estuary Dredging
- Constr. Wetlands - Groundwater, Salt Water, Floating



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# SCENARIO 1 : Maximizing Sewer Option



## Triple Bottom Line (TBL) Assessment Model

Environmental + Social + Financial Sustainability



HOME
MODEL INPUTS
CRITERIA EVALUATION
SCENARIO BUILDER
COMPARE SCENARIOS
TBL DATABASE

Select to add/remove/edit a strategy/technology:

S1. Sewering - Sewershed #1
+
-
↺

Select a Location (Watershed)

Three Bays

SCENARIO NAME: Targeted Sewer

↺
↻
↷
↶
↵

Current Application Stack: 1 Strategies/Technologies

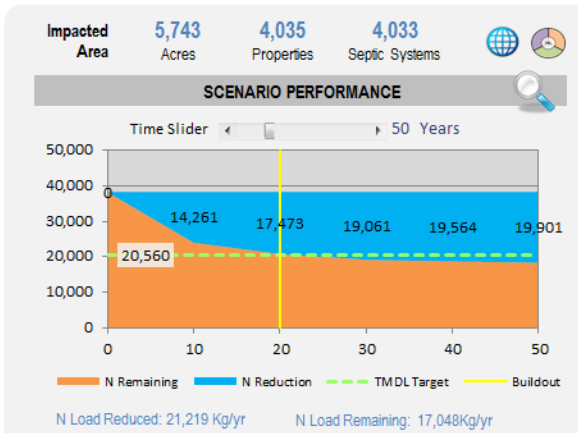
View Scenario Overview
View Technology Performance
Compare Technologies

**+ Sewering Options**

**S1 Sewering (Sewershed #1)**

from Selection	
<b>Total Number of Properties</b>	4035
<b>Land Area (acres)</b>	5743.2
<b>Existing Nitrogen Load (Kg/yr)</b>	24794.7
<b>Future Nitrogen Load (Kg/yr)</b>	24794.7
<b>Properties Already Sewered</b>	2
<b>Application Suitability</b>	4,033
<b>% Selected</b>	100%
<b>Properties Impacted</b>	4035
<b>Land Area Impacted</b>	5,743.2 acre
<b>Future Nutrient Load Impacted</b>	24,794.7 Kg/yr
<b>Collection Systems</b>	<b>Quantity</b>
Main Sewer	421,894 linear feet
Sewer Laterals	201,750 linear feet
Force Main	2 miles
Pump Station	3 Each
On-Site Pump Station	Each
STEG - Collection	Linear Foot
STEP - Collection	Linear Foot
Force Main	Linear Foot
On-Site Pump Station	Each
Interior Plumbing Reconfiguration	Each
<b>Treatment Systems</b>	
Treatment System Included	Yes
Location (within/outside watershed)	within
% capacity for sewershed	100%
Treatment Facility Type	Advanced
<b>Effluent Disposal</b>	<b>Quantity</b>
Infiltration Basins	Square Foot
Soil Absorption System (SAS)	Square Foot
Injection Well	Each
Wick Well	Each
Ocean Outfall	Linear Foot
Effluent Transport out of Watershed	Linear Foot

[Clear Selection](#)







**TECHNOLOGY APPLICATION MAP**

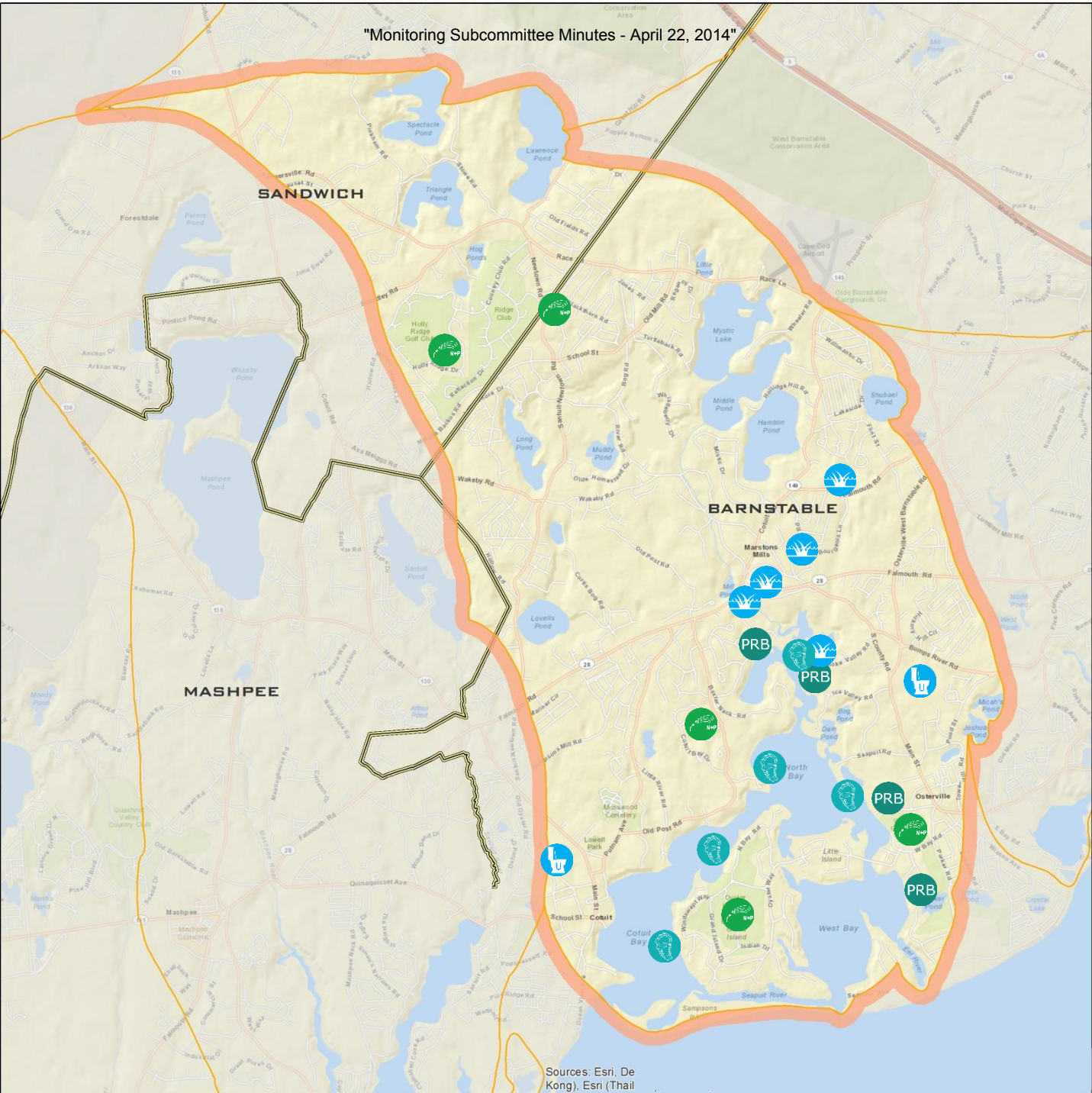
**COMMUNITY IMPACTS SUMMARY**

Quality Habitat Created	177.6	acres
GHG Reduced	418.4	MT CO2e/Yr
N Reduction Risk Ratio on Sea Level Rise	0.4	%
% Properties Increase in Property Value	54	%
New Employment added	179	jobs
Additional Cost per Household		\$/HH/Yr

# TRADITIONAL TECHNOLOGY MONITORING FRAMEWORK











Technology	Monitoring	Frequency
	<b>Conventional Treatment</b> GWDP Influent/ Effluent WQ + quantity	Quarterly - three down & one up gradient
	<b>Satellite Treatment Systems</b> GWDP Influent/ Effluent WQ + quantity	Quarterly - three down & one up gradient
	<b>Cluster Treatment Systems</b> Board of Health performance monitoring similar but less rigorous than GWDP - varies based on conditions, groundwater monitoring may not be required	Varies
	<b>I/A Title 5 Systems</b> Influent/ Effluent WQ + quantity	Quarterly

"Monitoring Subcommittee Minutes - April 22, 2014"



Sources: Esri, De Kong, Esri (Thai)

## NON-TRADITIONAL TECHNOLOGY MONITORING FRAMEWORK FOR PILOT PROJECTS (PRELIMINARY)

Technology	Monitoring	Frequency
 Constructed Wetlands	WQ samples inlet/outlet (N)	Monthly during growing season
 Pond Dredging	WQ samples inlet/outlet of pond (N/P)	Quarterly
 Salt Marsh Restoration	Area of restoration, wetland types (GIS and field confirmation)	Annually
 Shellfish Bed Restoration	Area of restoration/density of shellfish/landings N content of shellfish Denitrification in benthic (N,DO) WQ samples (N)	Annually Annually - composite 20 animals Annually - three locations Monthly during summer -three locations
 Phytobuffer	WQ samples inlet/outlet (N)	Monthly during growing season
 Fertigation Wells	Pumping volume/rate WQ samples (N)	Monthly Monthly during summer
 Shellfish Aquaculture	Annual landings from each grant N content in shellfish	Annually Annually - composite 20 animals
 PRB Perm. React. Barrier	2 upgradient/2 downgradient wells – WQ samples (N, DO) Well in media - WQ samples (N, DO, N gas)	Quarterly Quarterly
 Inlet Widening	Salinity measurements to confirm model WQ samples at sentinel station	Two tidal cycles Two tidal cycles
 Eco Toilet Systems	Numbers/locations/types of installations WQ samples (N/P) - grey water	Running database Quarterly - three locations per watershed

# Adaptive Management

## Definition

A structured approach that monitors outcomes for meeting water quality goals, assesses progress over time, and requires recalibration of plans and projects, as necessary, based on review and evaluation of monitoring.



# Adaptive Management

"Monitoring Subcommittee Minutes - April 22, 2014"

## SELECTED SCENARIO: Alternative Technologies

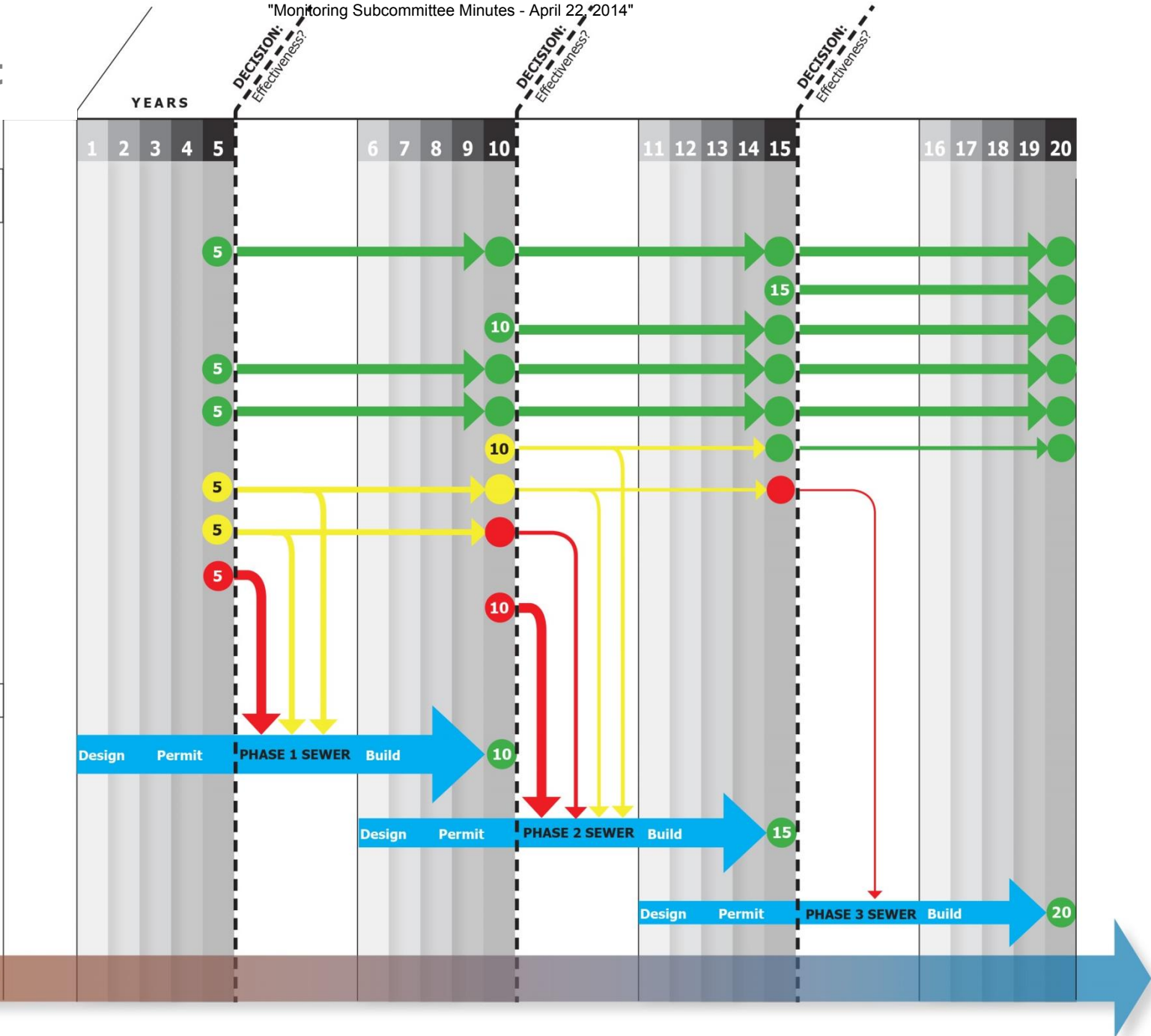
Alternative Technologies

-  Fertilizer Management
-  Const. Wetlands - GW
-  Shellfish Aquaculture
-  Inlet Widening
-  I/A Title 5 Systems
-  Const. Wetlands - SW
-  Stormwater BMPs
-  Perm. React. Barrier
-  Fertigation Wells
-  Phytobuffer

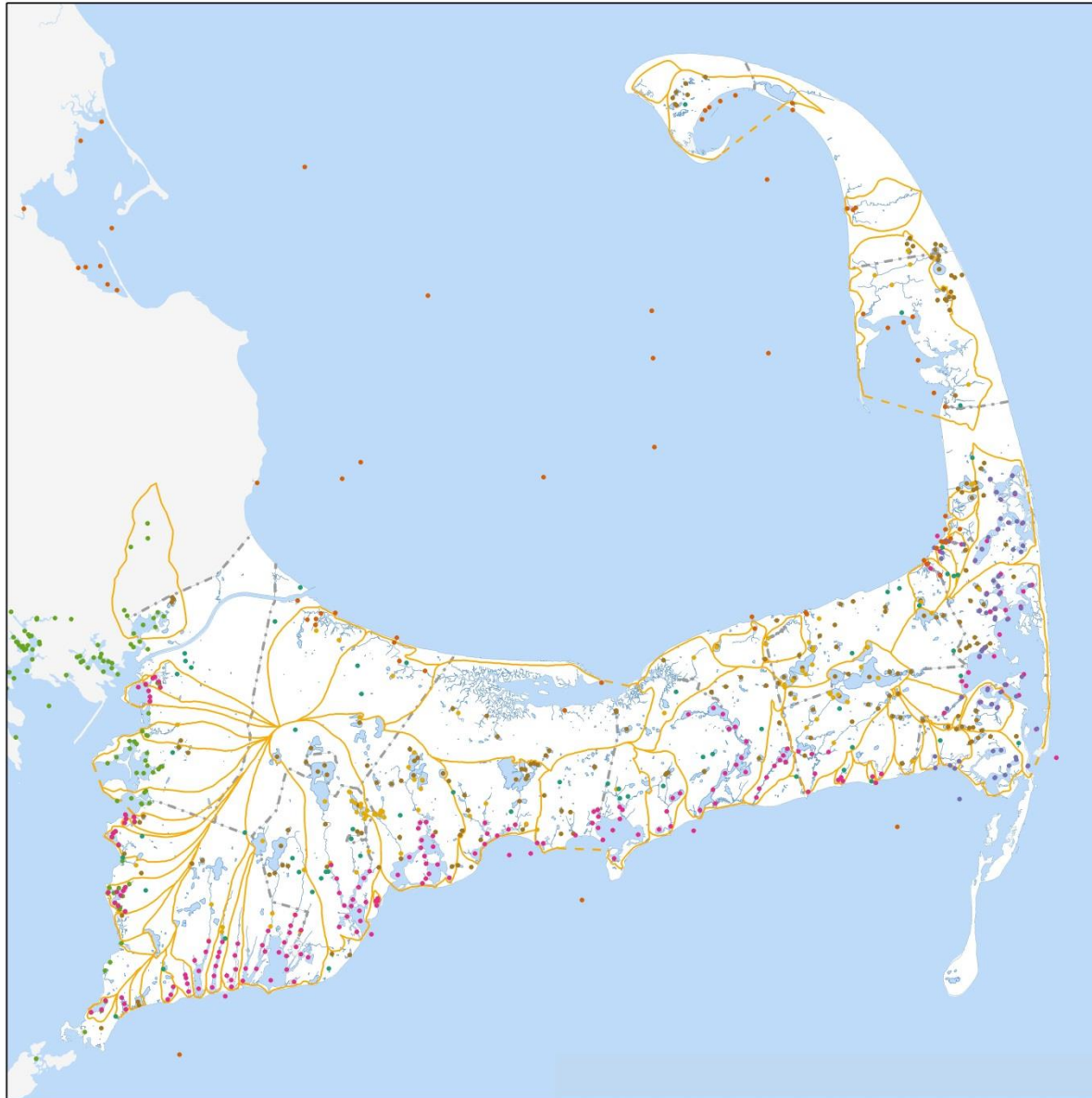
## Traditional Technologies

- 1** Priority Collection/  
Sewer Areas
- 2** Supplemental  
Collection/ Sewer
- 3** Supplemental  
Collection/ Sewer

EMBAYMENT WATER QUALITY

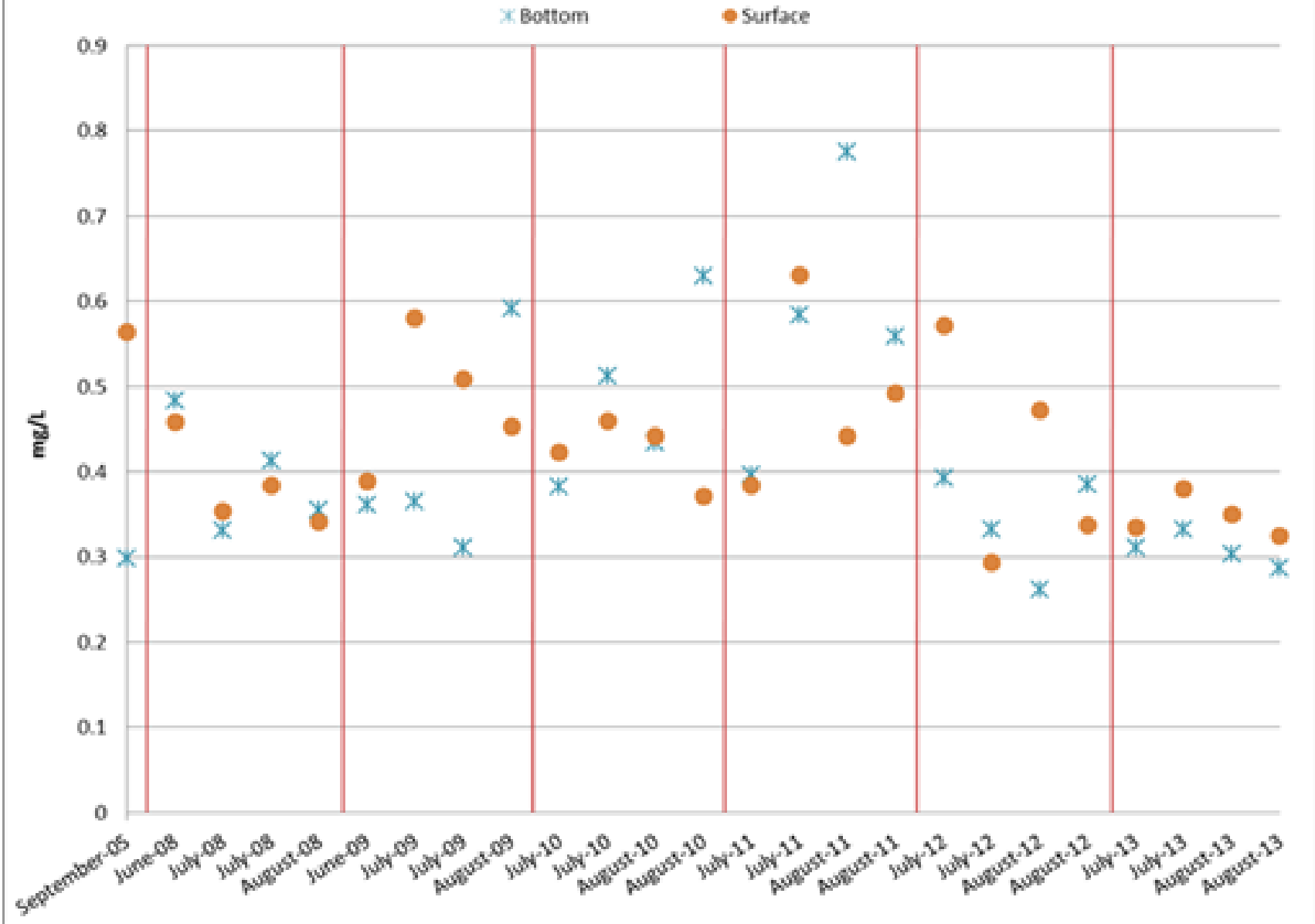


# CURRENT WATER RESOURCE MONITORING



- Groundwater Discharge Permits
- Center for Coastal Studies Stations
- Pleasant Bay Alliance Stations
- Massachusetts Estuaries Project Stations
- Coalition for Buzzards Bay Stations
- DEP Water Management Group Stations
- Ponds & Lakes Stewardship Ponds

### Three Bays Sentinel Station (18) Total Nitrogen Readings




**Nitrogen**




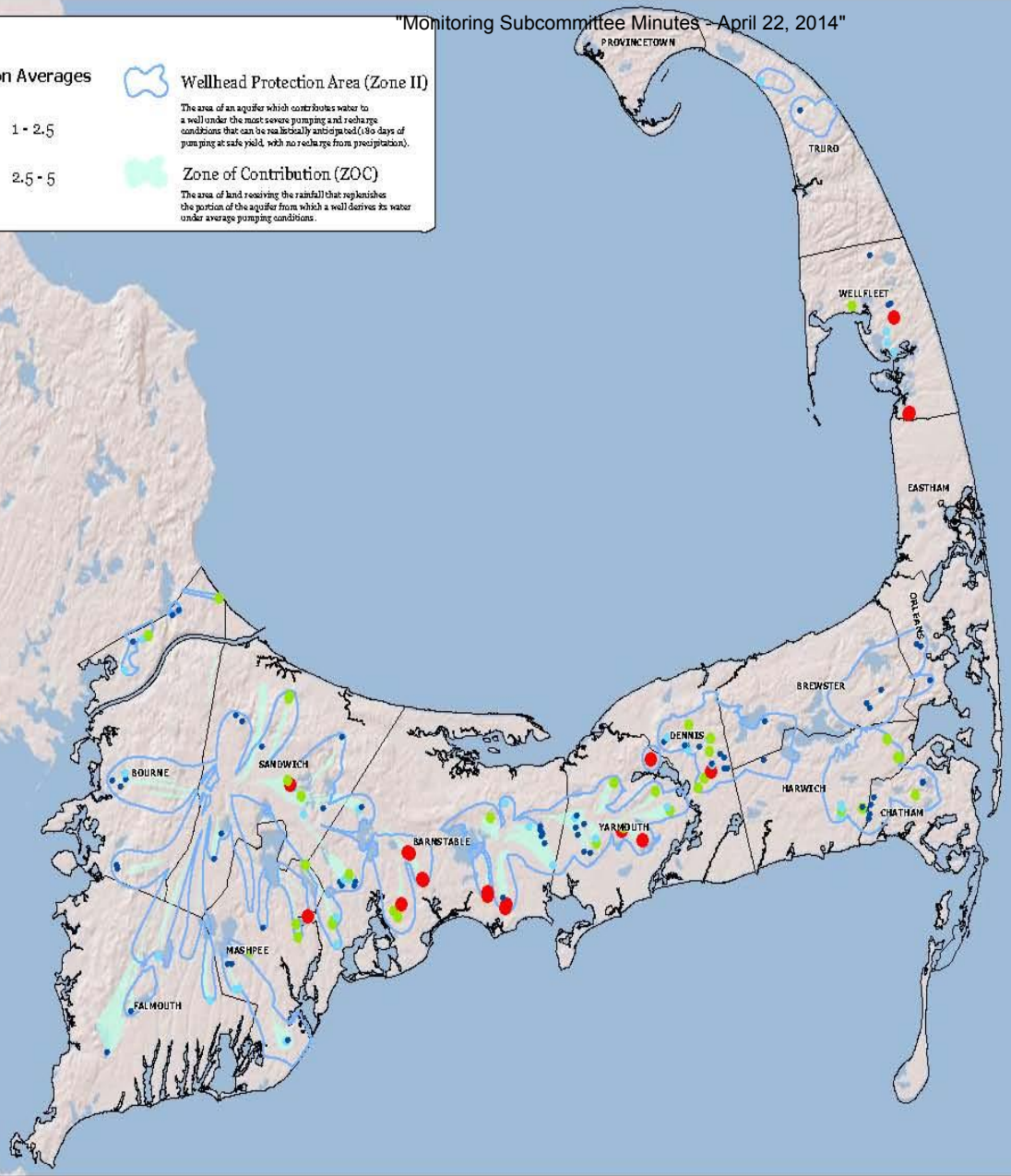
**Legend**

Annual Nitrate Concentration Averages (mg/L)

- 0 - 0.5
- 0.5 - 1
- 1 - 2.5
- 2.5 - 5

 Wellhead Protection Area (Zone II)  
 The area of an aquifer which contributes water to a well under the most severe pumping and recharge conditions that can be realistically anticipated (180 days of pumping at safe yield, with no recharge from precipitation).

 Zone of Contribution (ZOC)  
 The area of land receiving the rainfall that replenishes the portion of the aquifer from which a well derives its water under average pumping conditions.



Note(s): More than one well from the same wellfield may be represented at a single sample location. Coordinates for a well may not be the exact location where the sample location exists.

**Nitrate Concentrations in Cape Cod Public Supply Wells**

The information depicted on this map is for planning purposes only. It is not adequate for legal boundary definition, regulatory interpretation, or parcel line analysis. It should not substitute for actual on-site survey, or separate deed records.

View legend

Service Layer Credits: Copyright © 2014 Esri  
 Sources: Esri, USGS, NOAA  
 Data from: MassGIS, USGS, CDC

Date: 7/16/2013



# Implementation

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MONITORING

# SECTION 208 AREA WIDE WATER QUALITY MANAGEMENT PLAN

## **MONITORING SUBCOMMITTEE**

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# SECTION 208 AREA WIDE WATER QUALITY MANAGEMENT PLAN

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CAPE COD  
COMMISSION

## **Agenda**

**Section 208 Area-Wide Water Quality Management Plan Update  
Monitoring Subcommittee  
April 22, 2014  
1pm  
Cape Cod Commission Conference Room  
3225 Main Street, Barnstable, MA**

1. Introductions
2. 208 Plan Update
3. Roles/Responsibilities of the Committee
4. Other Business



**April 22, 2014**

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208 MONITORING  
Subcommittee

# SECTION 208 AREA WIDE WATER QUALITY MANAGEMENT PLAN

## **MONITORING SUBCOMMITTEE**

### **Mission:**

To provide advice and guidance on appropriate monitoring protocols for technology efficiency and total maximum daily loads, while identifying a process for consolidating all available monitoring data in a central location and format.

# SECTION 208 AREA WIDE WATER QUALITY MANAGEMENT PLAN

## **MONITORING SUBCOMMITTEE**

### **Roles and Responsibilities:**

- Establish performance monitoring protocols for technologies that may be a part of watershed permits in the future
- Establish compliance monitoring protocols for meeting total maximum daily loads (TMDLs) in the water body
- Establish process and structure for consolidating and cooperation of existing monitoring programs and data in to a centralized location
- Identify region-wide monitoring needs and develop proposals

# Subgroup Boundaries 208 Water Quality Management Plan Update



## Lower Cape

- Herring River
- Pleasant Bay
- Stage Harbor Group
- Nauset and Cape Cod Bay Marsh Group

## Mid Cape

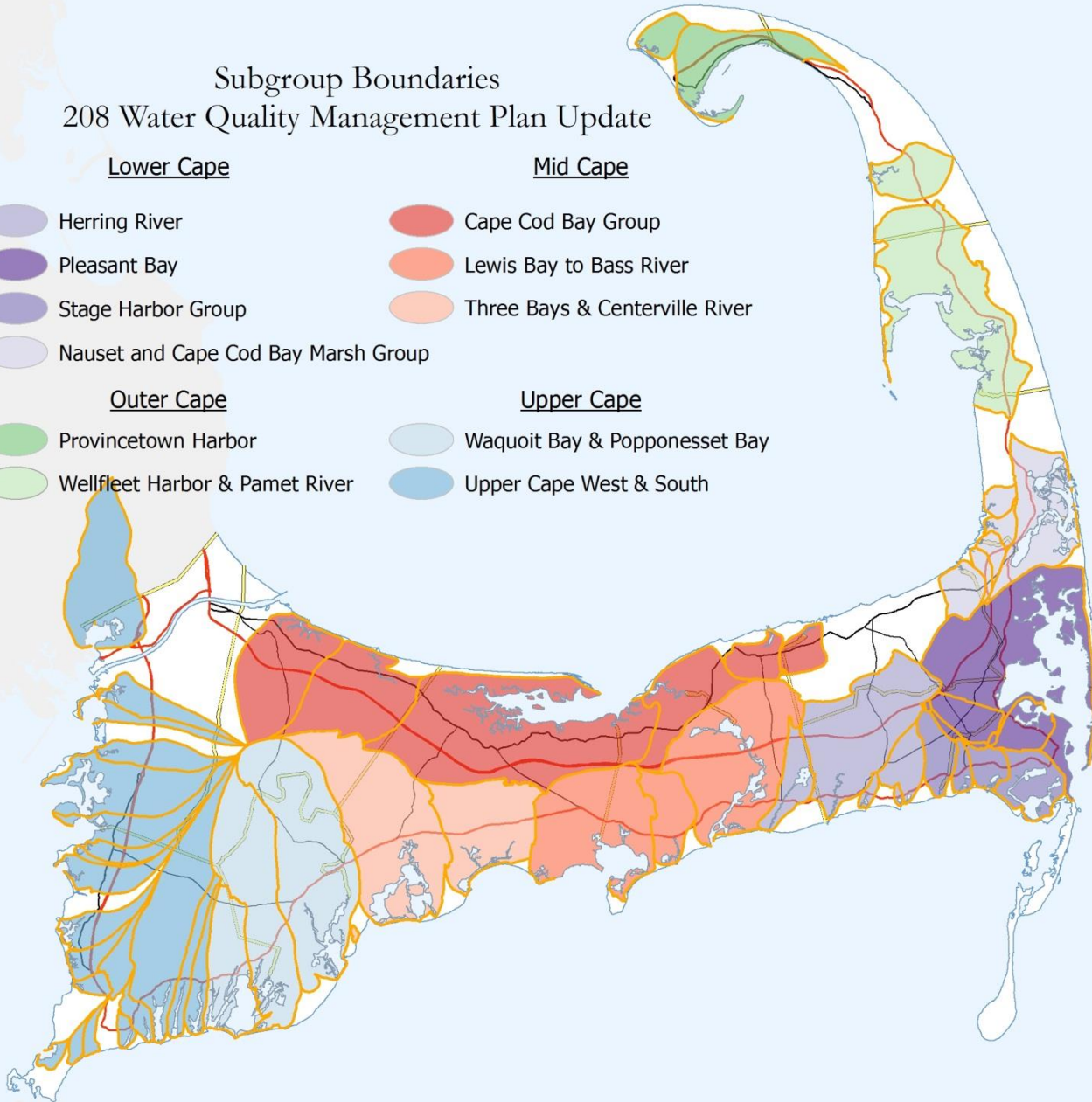
- Cape Cod Bay Group
- Lewis Bay to Bass River
- Three Bays & Centerville River

## Outer Cape

- Provincetown Harbor
- Wellfleet Harbor & Pamet River

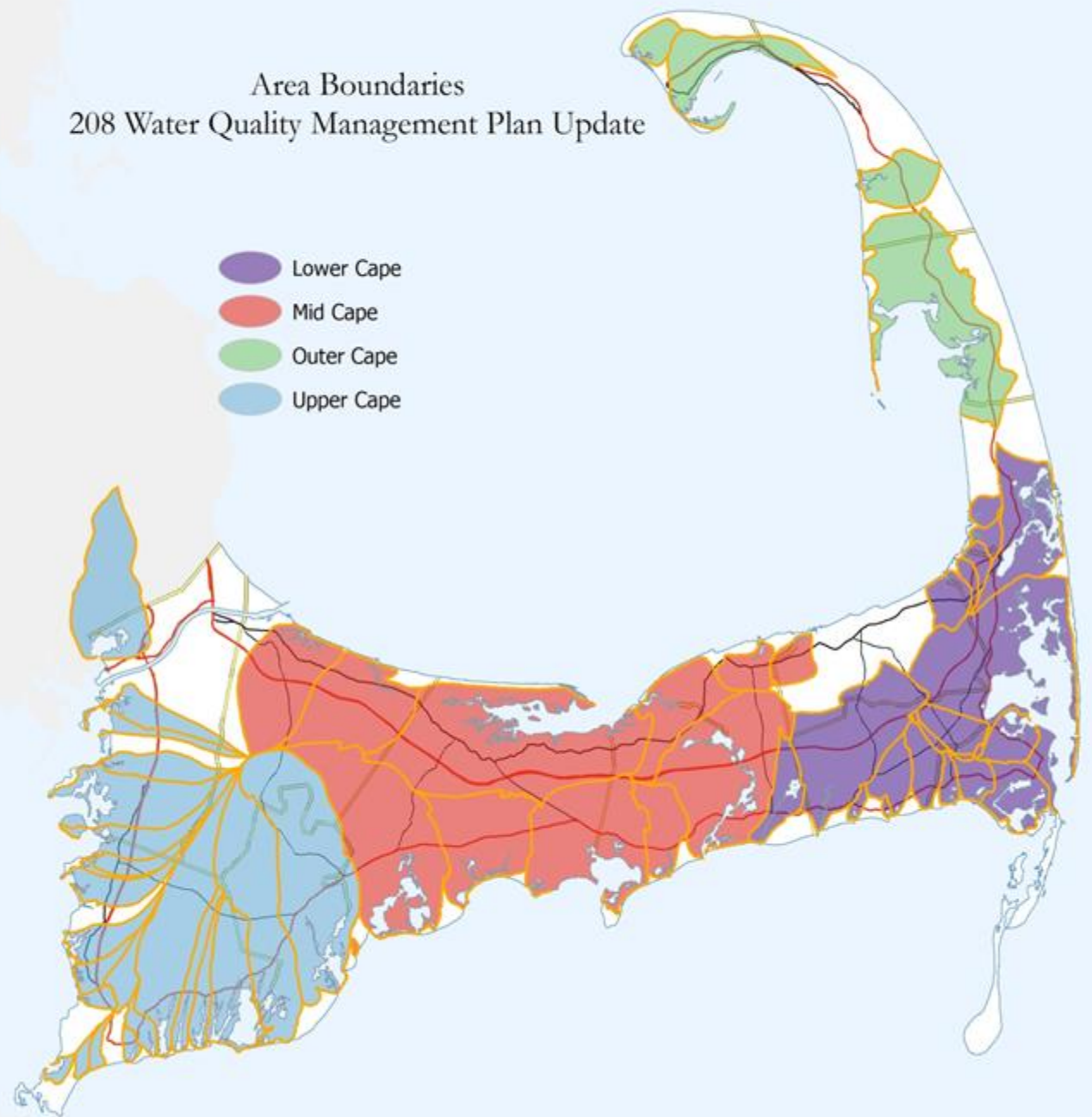
## Upper Cape

- Waquoit Bay & Popponesset Bay
- Upper Cape West & South



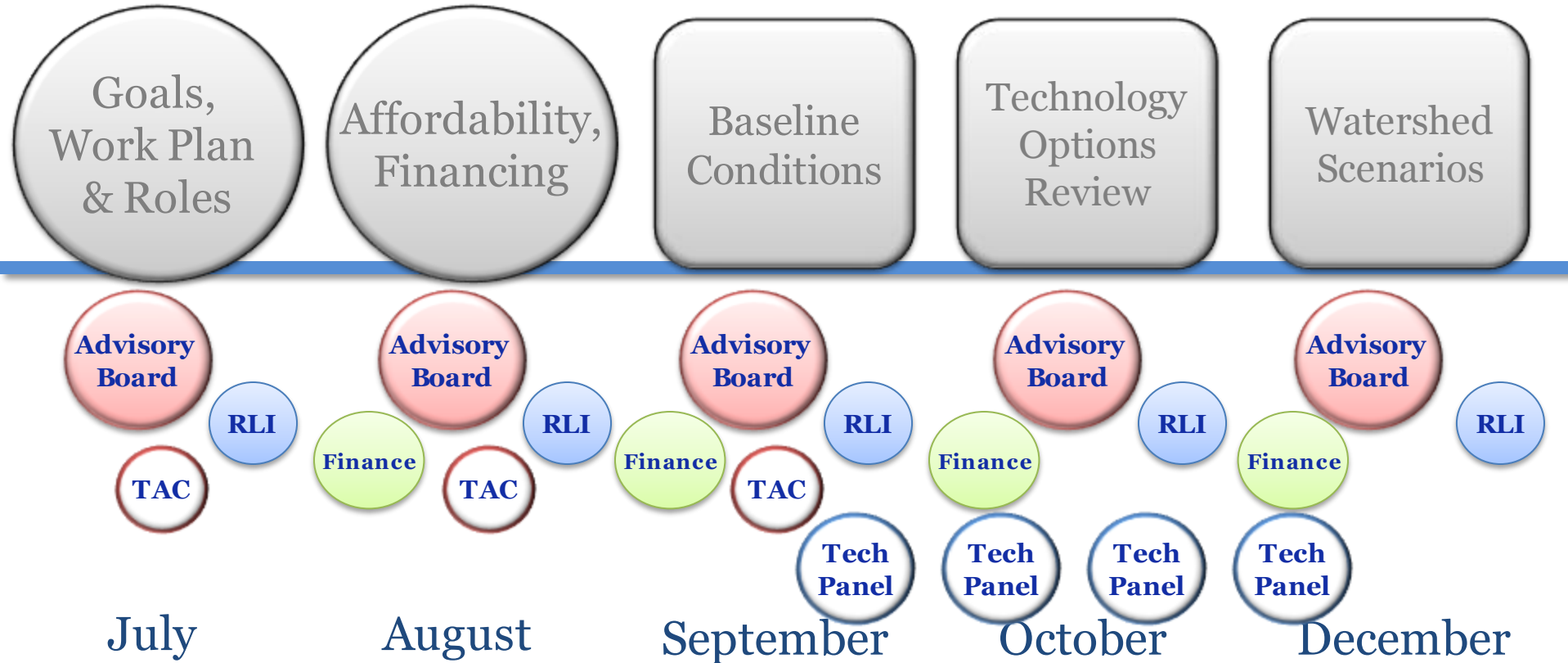
# Area Boundaries 208 Water Quality Management Plan Update

- Lower Cape
- Mid Cape
- Outer Cape
- Upper Cape



# Subregional

# Watershed Working Groups



**RLI** Regulatory, Legal & Institutional Work Group

**TAC** Technical Advisory Committee of Cape Cod Water Protection Collaborative

# 208 Planning Process

# Standing Sub Regional Meeting Topics

Scenario  
Planning

Regulatory,  
Legal,  
Institutional

Implementation

Mtg. 1

One representative  
watershed

Challenges & opportunities  
associated with permitting the  
watershed scenario

Adaptive  
management plans

Mtg. 2

**All shared  
watersheds & TBL  
model**

**Tools to support  
intermunicipal cooperation**

**Monitoring**

Mtg. 3

Subregional scenarios  
& TBL model

Structures for permitting

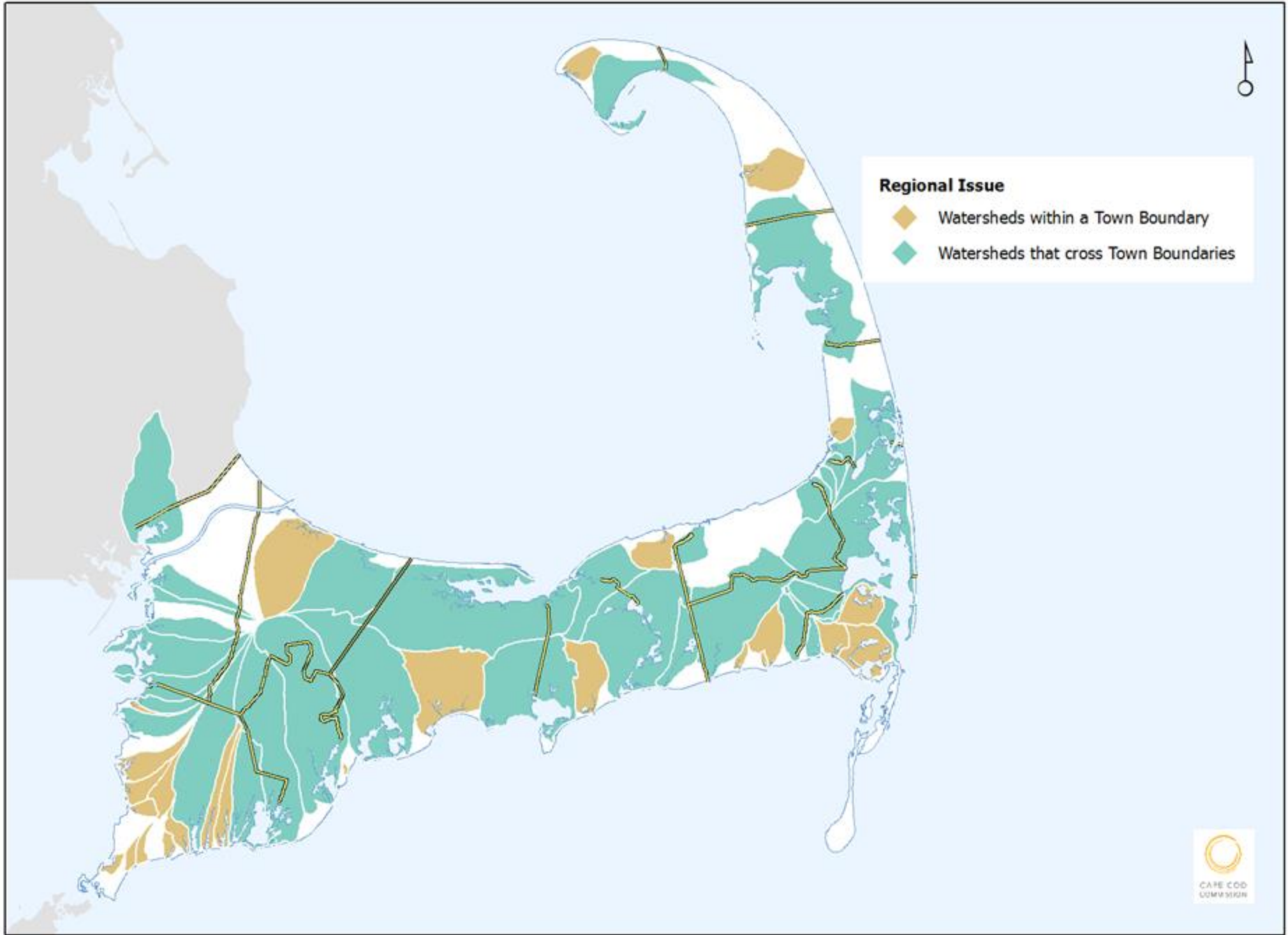
Financing &  
affordability



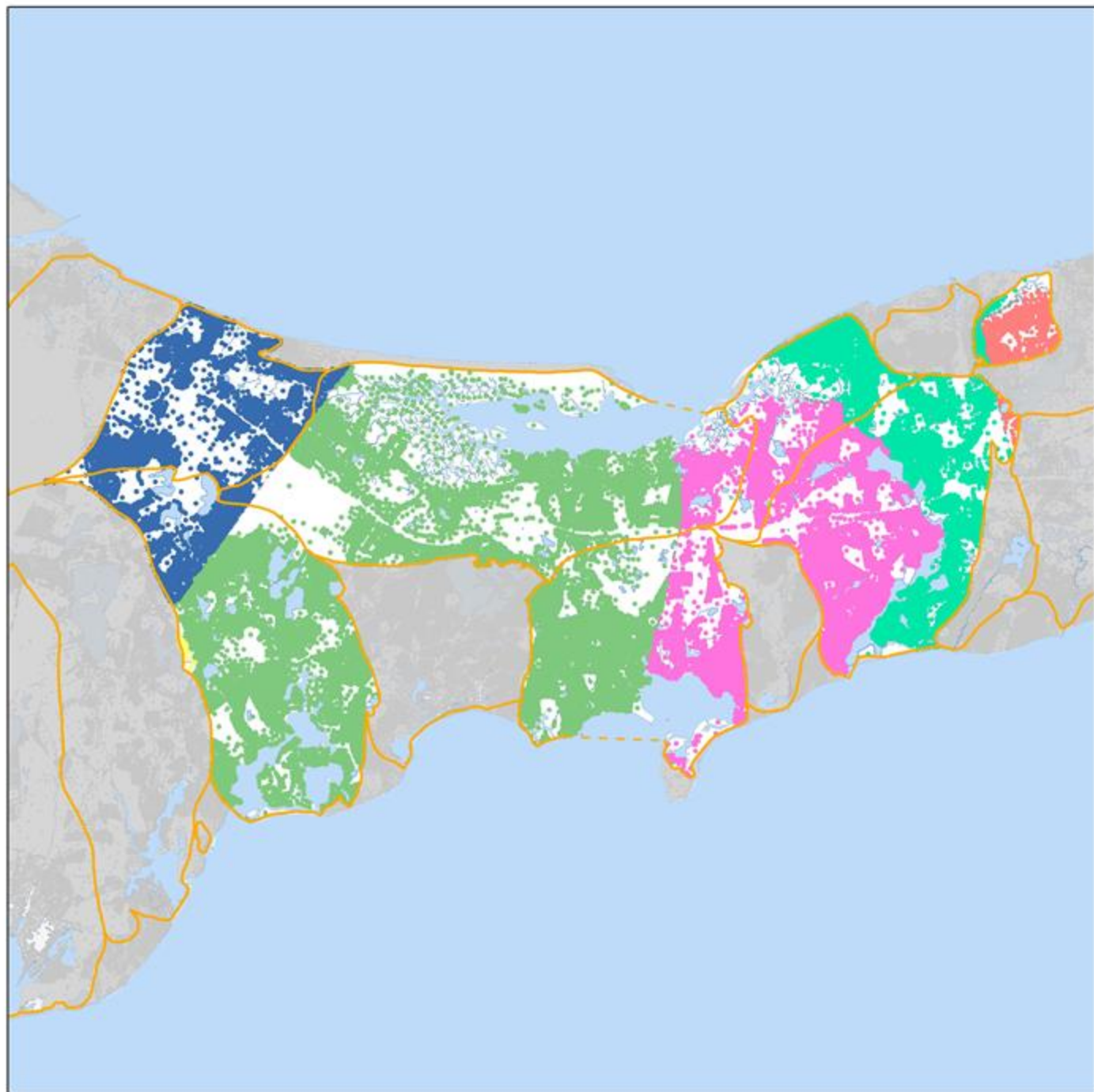


**Regional Issue**

- ◆ Watersheds within a Town Boundary
- ◆ Watersheds that cross Town Boundaries



- BARNSTABLE
- BREWSTER
- DENNIS
- MASHPEE
- SANDWICH
- YARMOUTH



# REQUIREMENTS OF CLEAN WATER ACT / EPA

## **208 plan requirement:**

- State must designate one or more waste management agency (WMA)

## **WMA must be able to:**

- Carry out plan
- Manage waste treatment
- Design & construct new, existing works
- Accept/utilize grants
- Raise revenues
- Incur indebtedness
- Assure each town pays its costs



# COLLABORATION CHALLENGES

FROM SUB-REGIONAL MEETING 1

## Who decides?

- Which solutions to implement and when and how to re-assess?
- Different levels of planning across towns (including approved CWMPs)
- Different town decision-making processes and publics
- Timeline required for building agreement
- Managing disagreement

## Who pays?

- Coordinating multiple town funding approval processes
- Applying for and allocating off-Cape funding opportunities
- Differences in ability & willingness to pay
- Assigning responsibility for: capital funding, operation and maint., monitoring, data mgt., reporting
- Managing disagreement

## Who manages?

- Preparing the watershed plan for permitting
- Building, operating, maintaining, monitoring, and reporting
- Ultimate responsibility for water quality outcomes
- Managing disagreement

Intermunicipal Agreements

Federal/Municipal public-public partnerships

Independent Water and Sewer Districts

Water Pollution Abatement Districts

Independent Authority

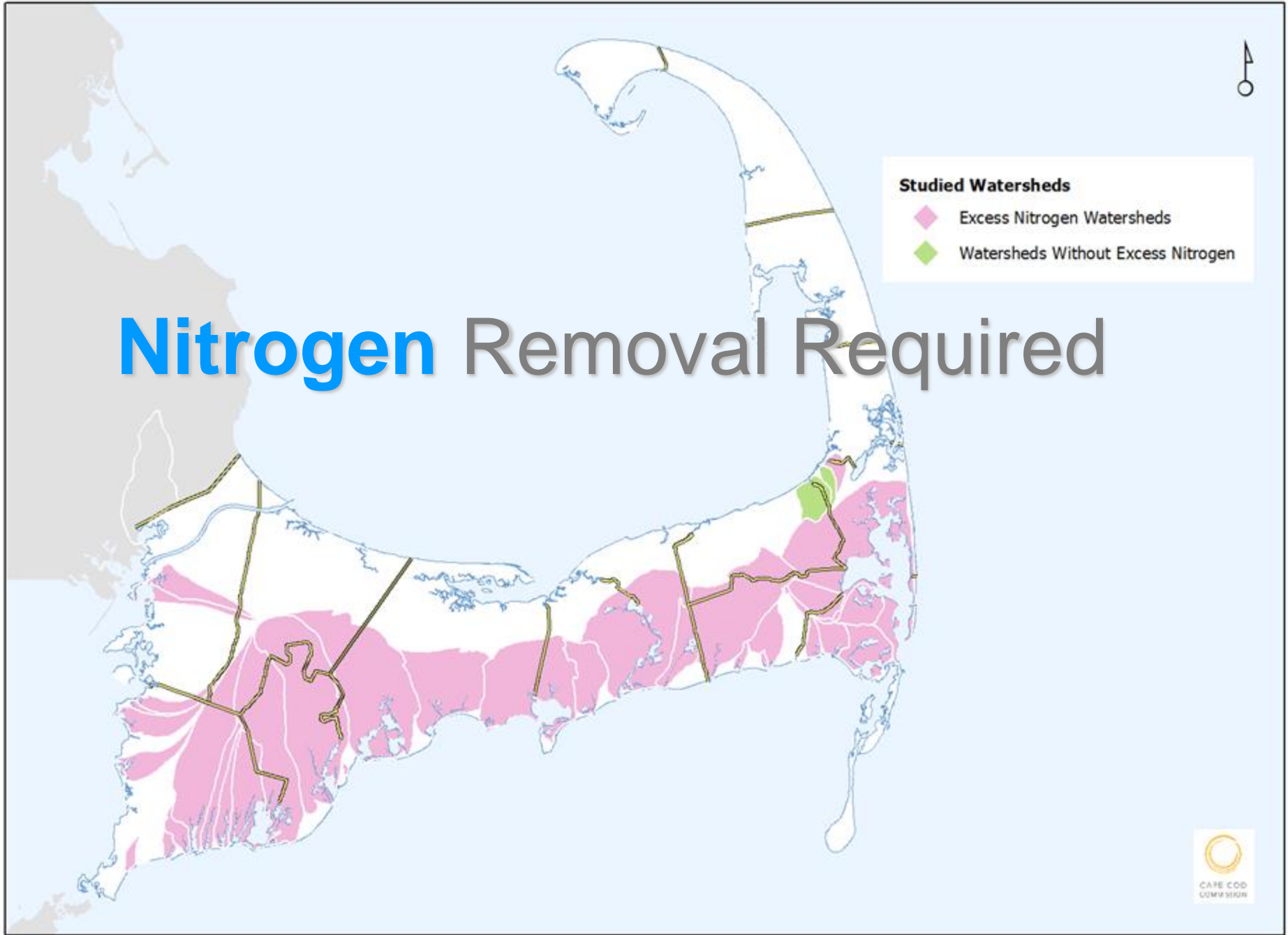
Regional Health District



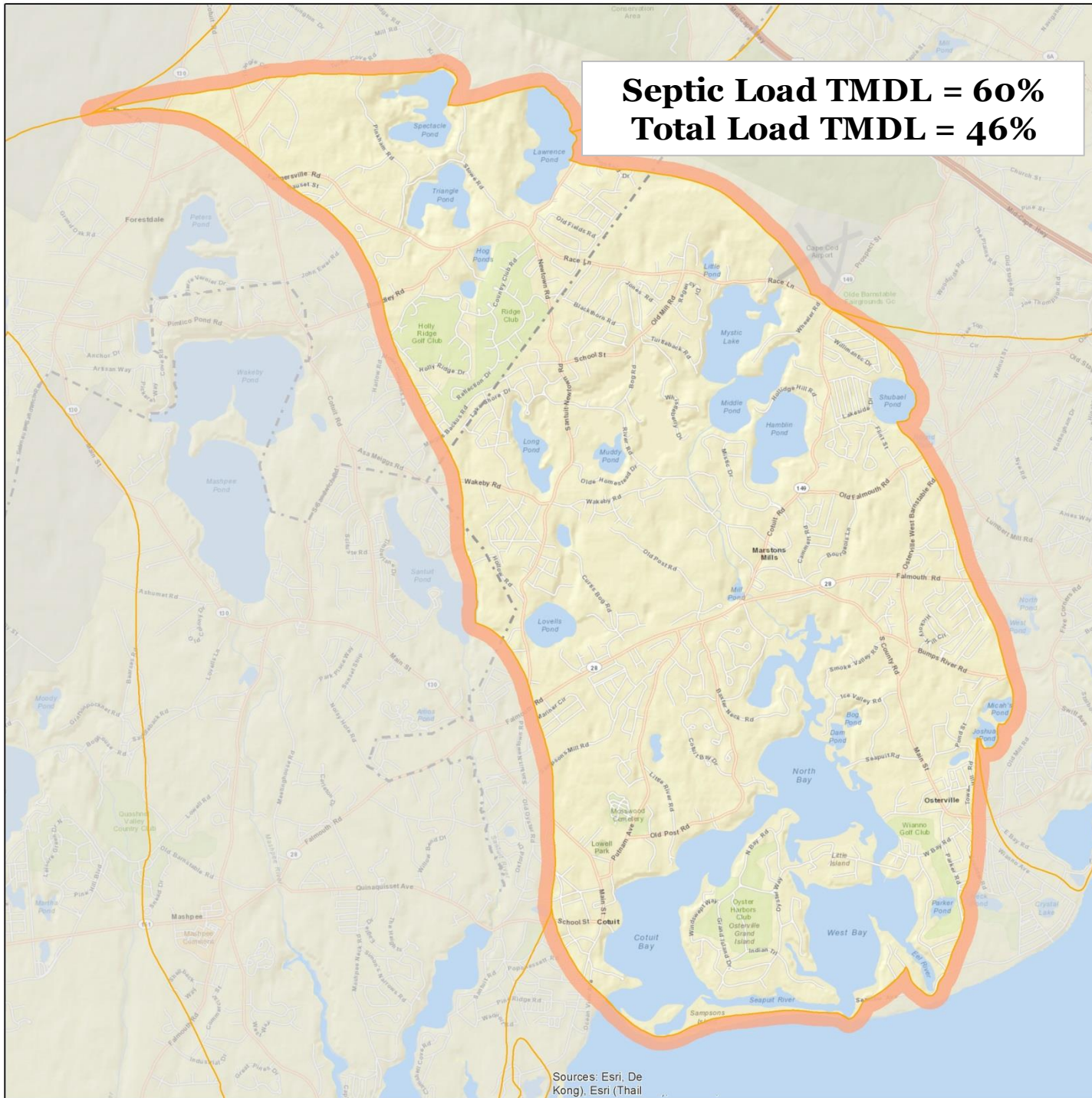
**Studied Watersheds**

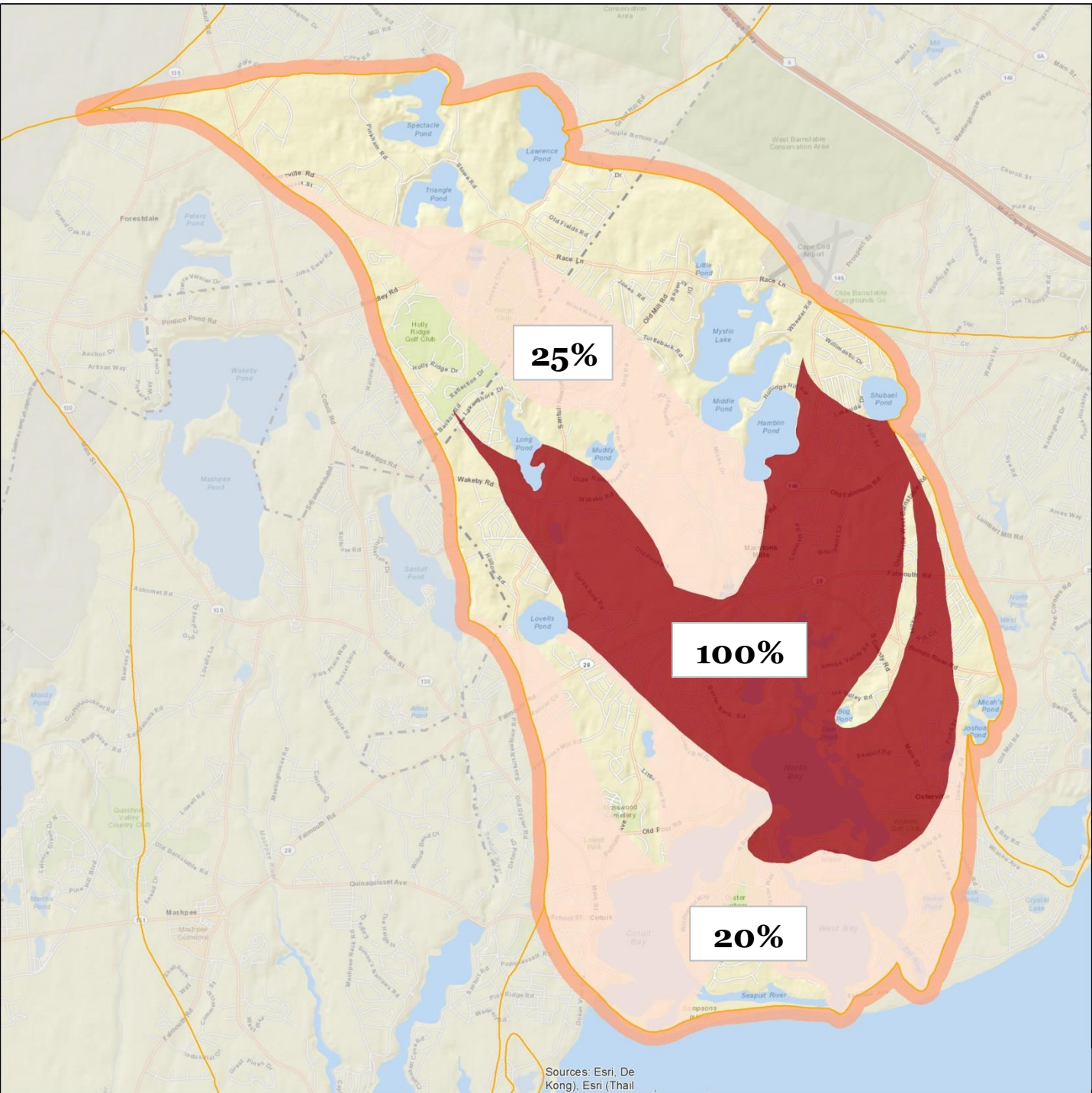
- ◆ Excess Nitrogen Watersheds
- ◆ Watersheds Without Excess Nitrogen

# Nitrogen Removal Required



**Septic Load TMDL = 60%**  
**Total Load TMDL = 46%**





Sources: Esri, De  
Kong, Esri (Thai)



# Problem Solving Approach

■ Wastewater   
 ■ Existing Water Bodies   
 ■ Regulatory

## Traditional Approach

## Non-Traditional Approach



# Site Scale

# Neighborhood

# Watershed

# Cape-Wide

## Prevention

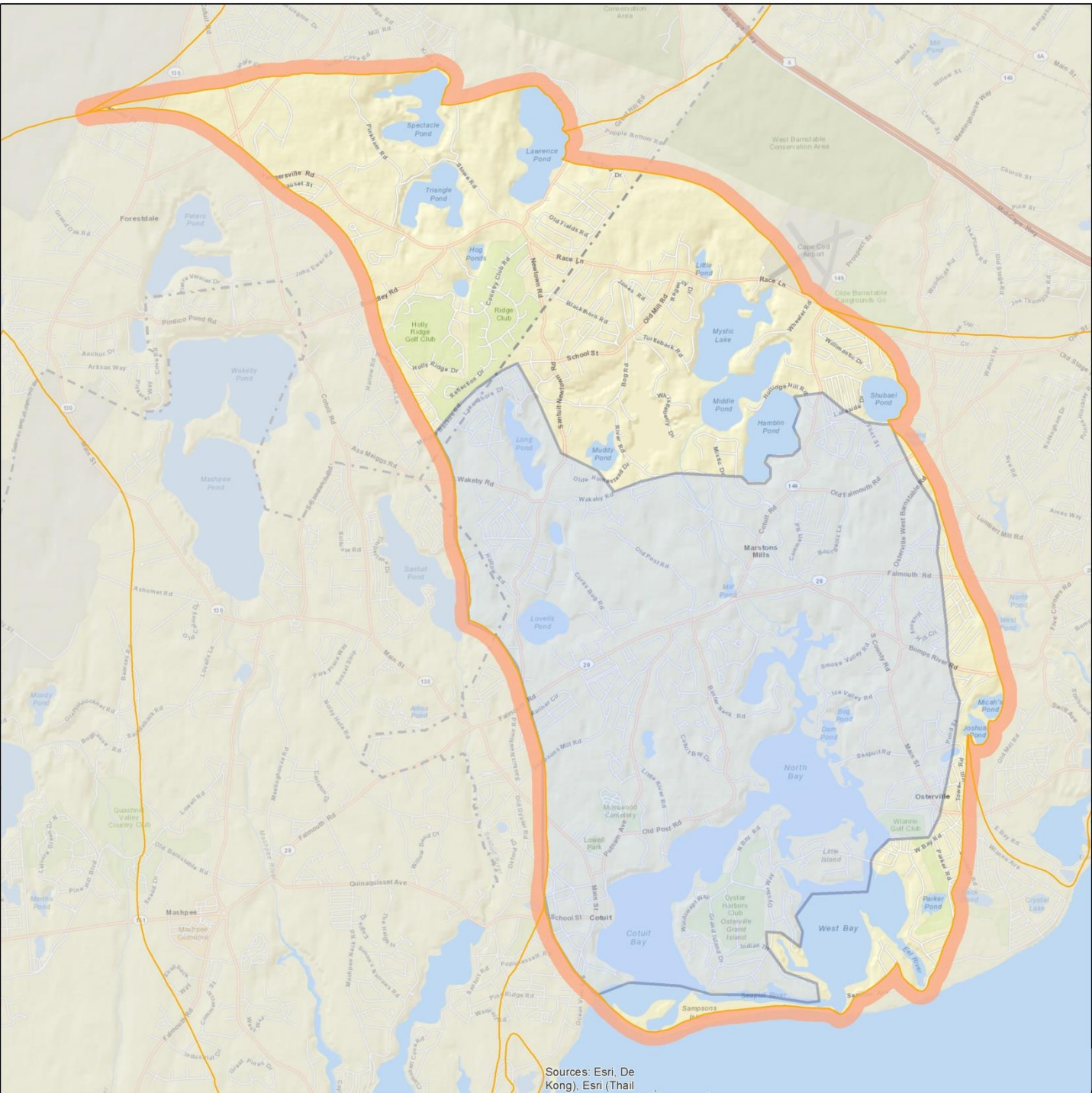
- Remediation of Existing Development
- TDR: Transfer of Development Rights
- NPK MGMT: Fertilizer Management
- BMP+: Stormwater BMPs
- Compact Development

## Reduction

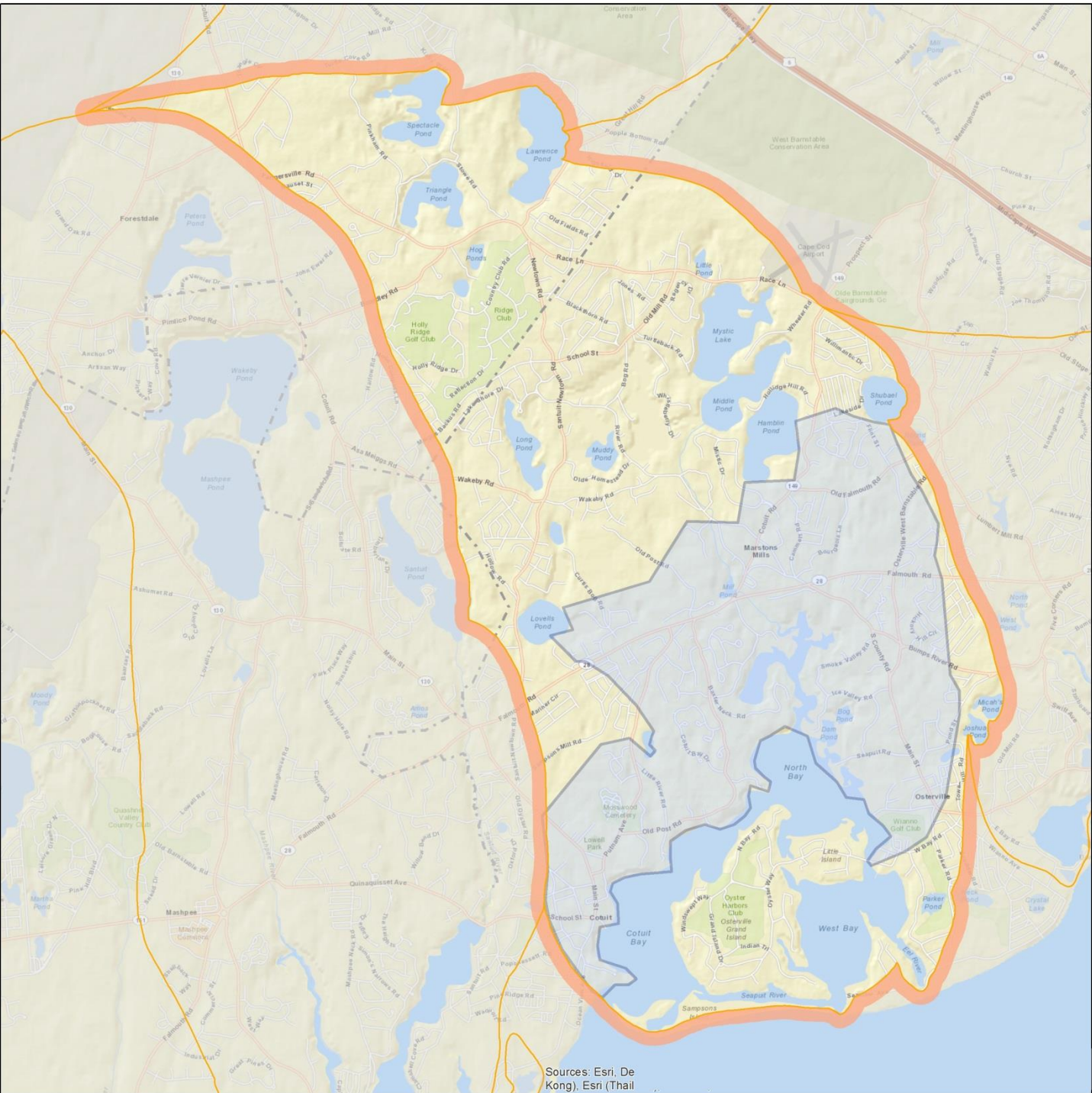
- Title 5: Standard Title 5 Systems
- IA: I/A Title 5 Systems
- Enhanced IA: I/A Enhanced Systems
- Toilets: Urine Diverting
- Toilets: Composting
- Toilets: Packaging
- Toilets: Incinerating
- Cluster & Satellite Treatment Systems
- Wastewater Collection Systems
- Efluent Disposal Systems
- Constructed Wetlands: Surface Flow
- Constructed Wetlands: Subsurface Flow
- Stormwater: Bioretention / Soil Media Filters
- Stormwater: Wetlands
- Phytoirrigation
- Eco-Machines & Living Machines

## Remediation

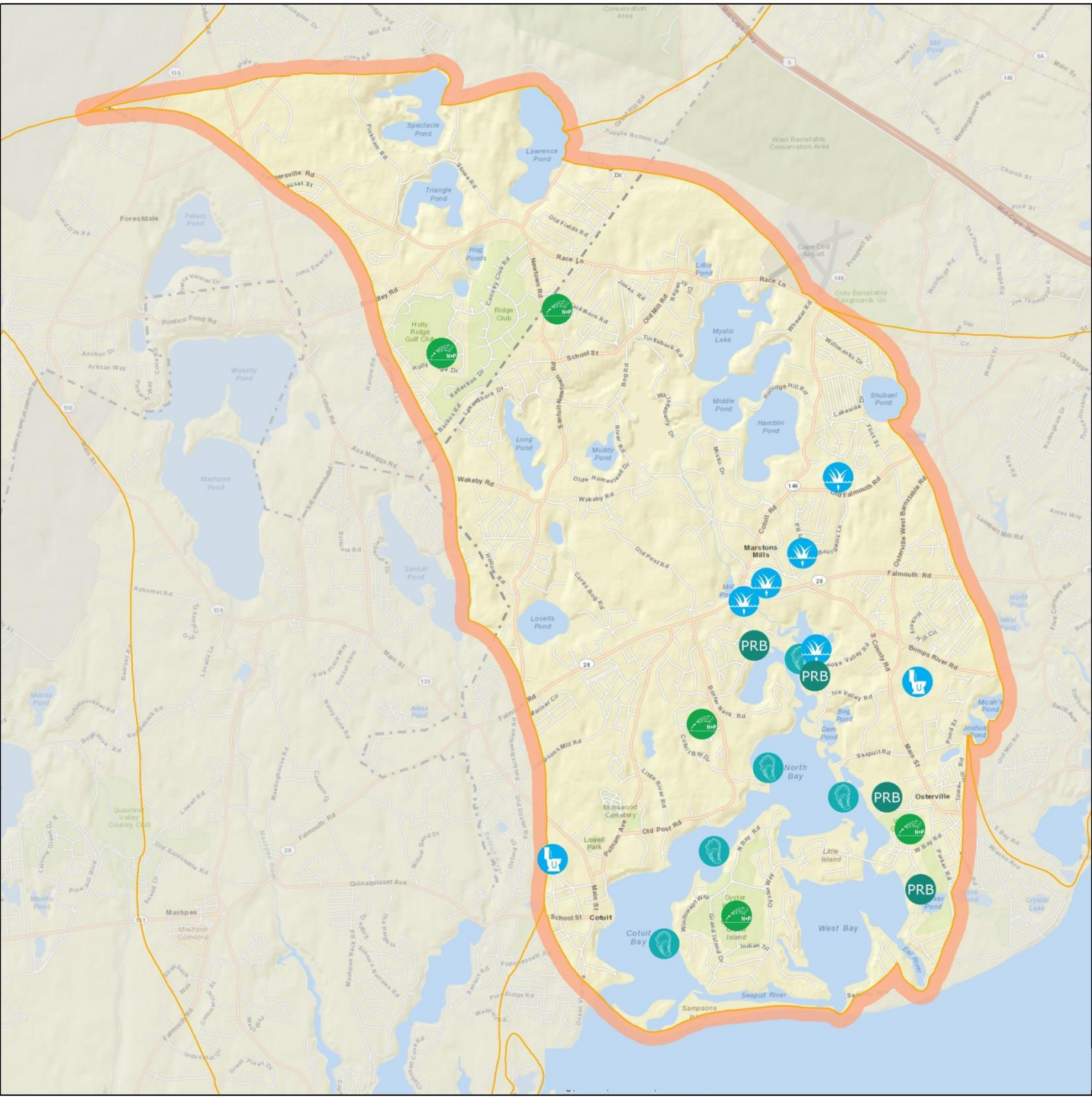
- Phytobuffers
- PRB: Permeable Reactive Barrier
- Fertigation Wells
- Shellfish and Salt Marsh Habitat Restoration
- Aquaculture/Shellfish Farming
- Inlet / Culvert Widening
- Pond and Estuary Dredging
- Constr. Wetlands - Groundwater, Salt Water, Floating



Sources: Esri, De  
Kong, Esri (Thai)



Sources: Esri, De Kong, Esri (Thailand)



# SCENARIO 1 : Maximizing Sewer Option



## Triple Bottom Line (TBL) Assessment Model

Environmental + Social + Financial Sustainability



HOME

MODEL INPUTS

CRITERIA EVALUATION

**SCENARIO BUILDER**

COMPARE SCENARIOS

TBL DATABASE

Select to add/remove/edit a strategy/technology:

S1. Sewering - Sewershed #1 + - ↺

Select a Location (Watershed)

SCENARIO NAME:



Current Application Stack: 1 Strategies/Technologies

View Scenario Overview

View Technology Performance

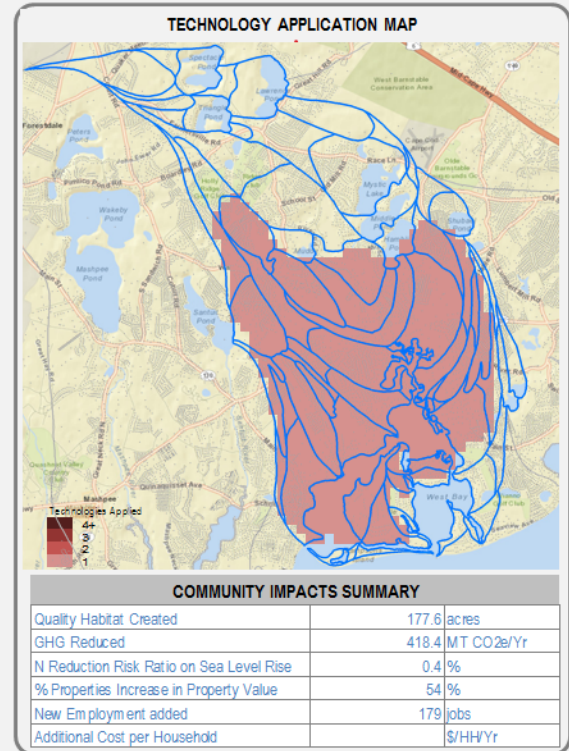
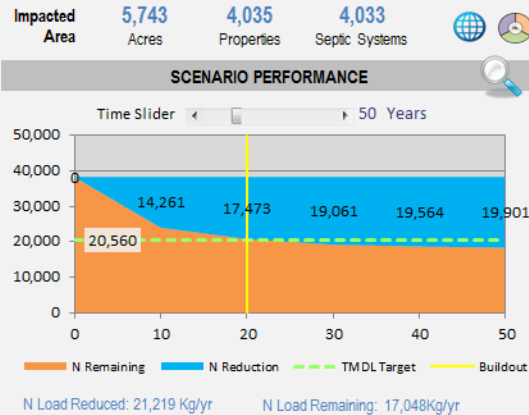
Compare Technologies

+ Sewering Options





S1 Sewering (Sewershed #1)

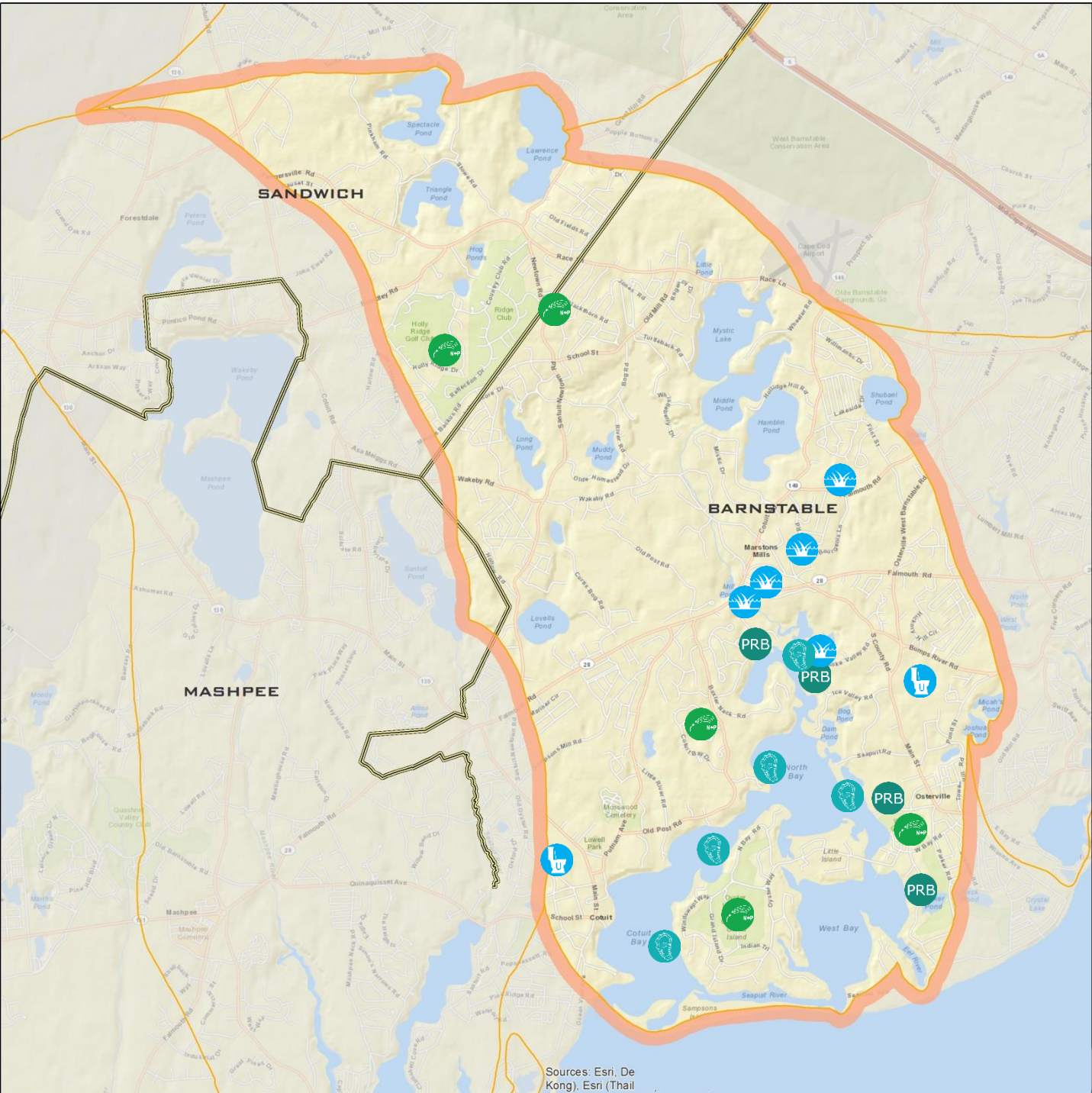
from Selection	
Total Number of Properties	4035
Land Area (acres)	5743.2
Existing Nitrogen Load (Kg/yr)	24794.7
Future Nitrogen Load (Kg/yr)	24794.7
Properties Already Sewered	2
Application Suitability	4,033
% Selected	100%
Properties Impacted	4035
Land Area Impacted	5,743.2 acre
Future Nutrient Load Impacted	24,794.7 Kg/yr
<b>Collection Systems</b>	<b>Quantity</b>
Main Sewer	421,894 linear feet
Sewer Laterals	201,750 linear feet
Force Main	2 miles
Pump Station	3 Each
On-Site Pump Station	Each
STEG - Collection	Linear Foot
STEP - Collection	Linear Foot
Force Main	Linear Foot
On-Site Pump Station	Each
Interior Plumbing Reconfiguration	Each
<b>Treatment Systems</b>	
Treatment System Included	Yes
Location (within/outside watershed)	within
% capacity for sewershed	100%
Treatment Facility Type	Advanced
<b>Effluent Disposal</b>	<b>Quantity</b>
Infiltration Basins	Square Foot
Soil Absorption System (SAS)	Square Foot
Injection Well	Each
Wick Well	Each
Ocean Outfall	Linear Foot
Effluent Transport out of Watershed	Linear Foot

[Clear Selection](#)













# TRADITIONAL TECHNOLOGY MONITORING FRAMEWORK

	Technology	Monitoring	Frequency
	Conventional Treatment	GWDP Influent/ Effluent WQ + quantity	Quarterly - three down & one up gradient
	Satellite Treatment Systems	GWDP Influent/ Effluent WQ + quantity	Quarterly - three down & one up gradient
	Cluster Treatment Systems	Board of Health performance monitoring similar but less rigorous than GWDP - varies based on conditions, groundwater monitoring may not be required	Varries
	I/A Title 5 Systems	Influent/ Effluent WQ + quantity	Quarterly





# NON-TRADITIONAL TECHNOLOGY MONITORING FRAMEWORK FOR PILOT PROJECTS (PRELIMINARY)

Technology	Monitoring	Frequency
 Constructed Wetlands	WQ samples inlet/outlet (N)	Monthly during growing season
 Pond Dredging	WQ samples inlet/outlet of pond (N/P)	Quarterly
 Salt Marsh Restoration	Area of restoration, wetland types (GIS and field confirmation)	Annually
 Shellfish Bed Restoration	Area of restoration/density of shellfish/landings N content of shellfish Denitrification in benthic (N,DO) WQ samples (N)	Annually Annually - composite 20 animals Annually - three locations Monthly during summer -three locations
 Phytobuffer	WQ samples inlet/outlet (N)	Monthly during growing season
 Fertigation Wells	Pumping volume/rate WQ samples (N)	Monthly Monthly during summer
 Shellfish Aquaculture	Annual landings from each grant N content in shellfish	Annually Annually - composite 20 animals
 PRB Perm. React. Barrier	2 upgradient/2 downgradient wells – WQ samples (N, DO) Well in media - WQ samples (N, DO, N gas)	Quarterly Quarterly
 Inlet Widening	Salinity measurements to confirm model WQ samples at sentinel station	Two tidal cycles Two tidal cycles
 Eco Toilet Systems	Numbers/locations/types of installations WQ samples (N/P) - grey water	Running database Quarterly - three locations per watershed

# Adaptive Management

## Definition

A structured approach that monitors outcomes for meeting water quality goals, assesses progress over time, and requires recalibration of plans and projects, as necessary, based on review and evaluation of monitoring.

# Adaptive Management

## SELECTED SCENARIO: Alternative Technologies

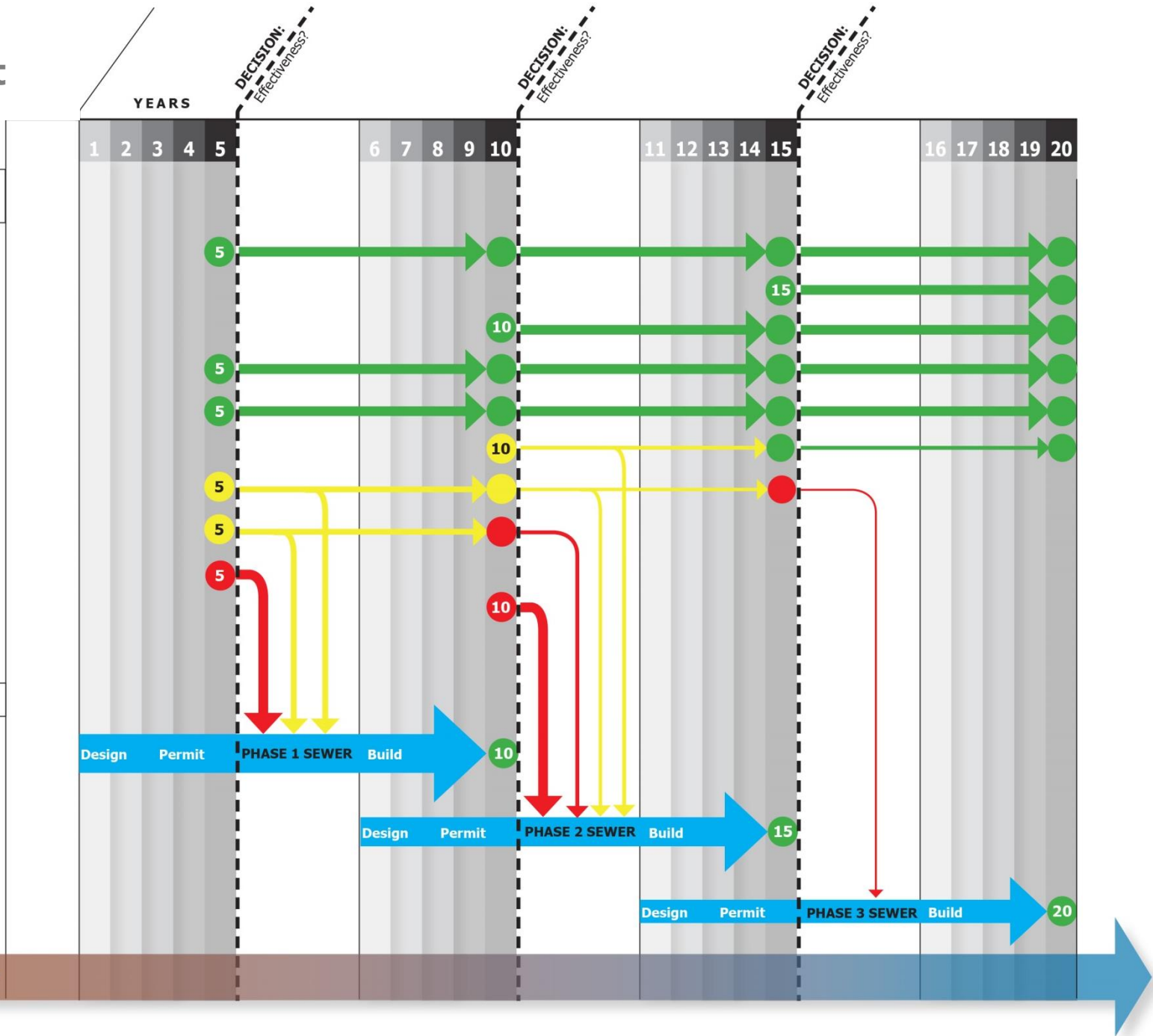
Alternative Technologies

-  Fertilizer Management
-  Const. Wetlands - GW
-  Shellfish Aquaculture
-  Inlet Widening
-  I/A Title 5 Systems
-  Const. Wetlands - SW
-  Stormwater BMPs
-  Perm. React. Barrier
-  Fertigation Wells
-  Phytobuffer

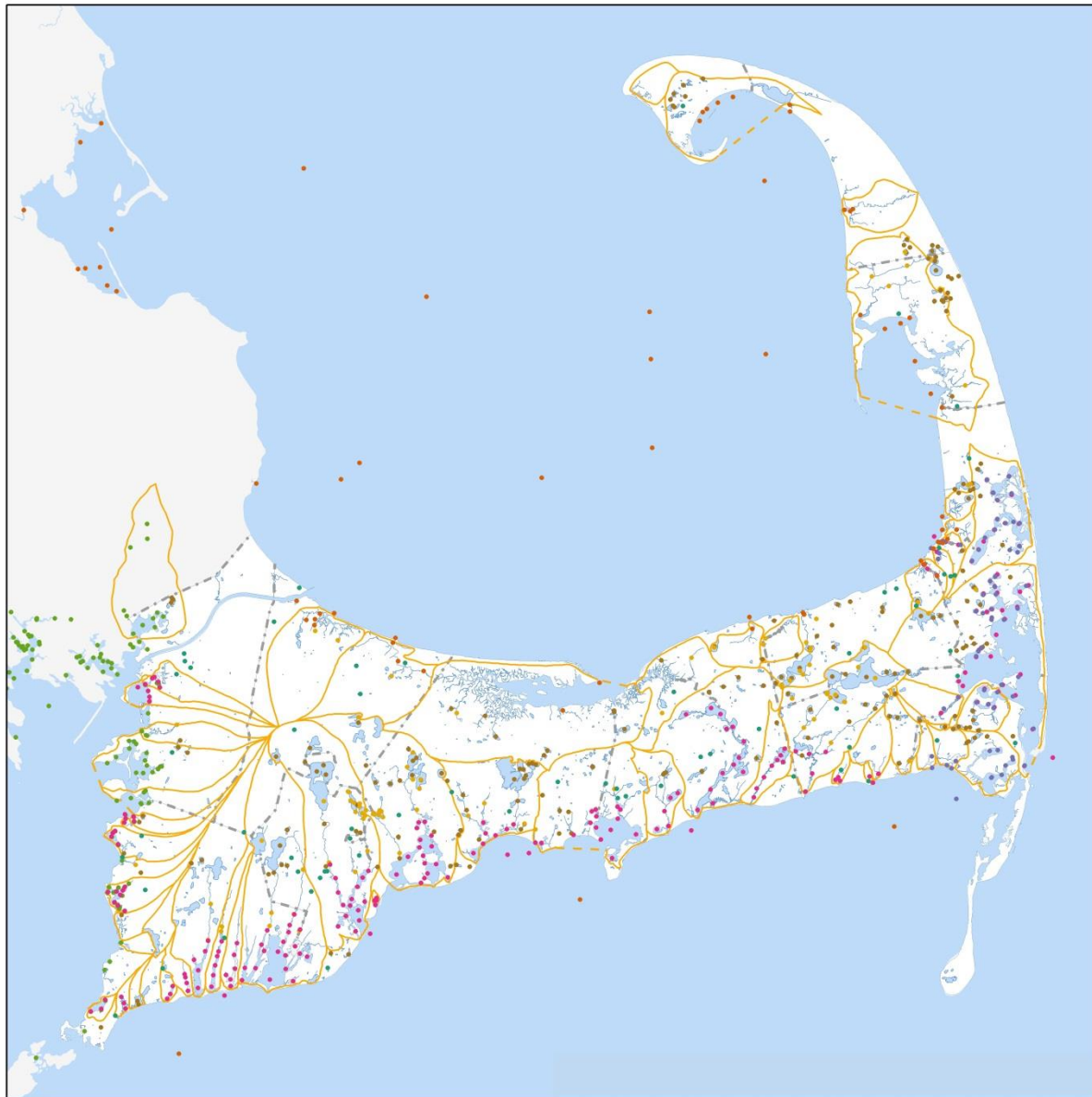
## Traditional Technologies

- 1** Priority Collection/  
Sewer Areas
- 2** Supplemental  
Collection/ Sewer
- 3** Supplemental  
Collection/ Sewer

EMBAYMENT WATER QUALITY

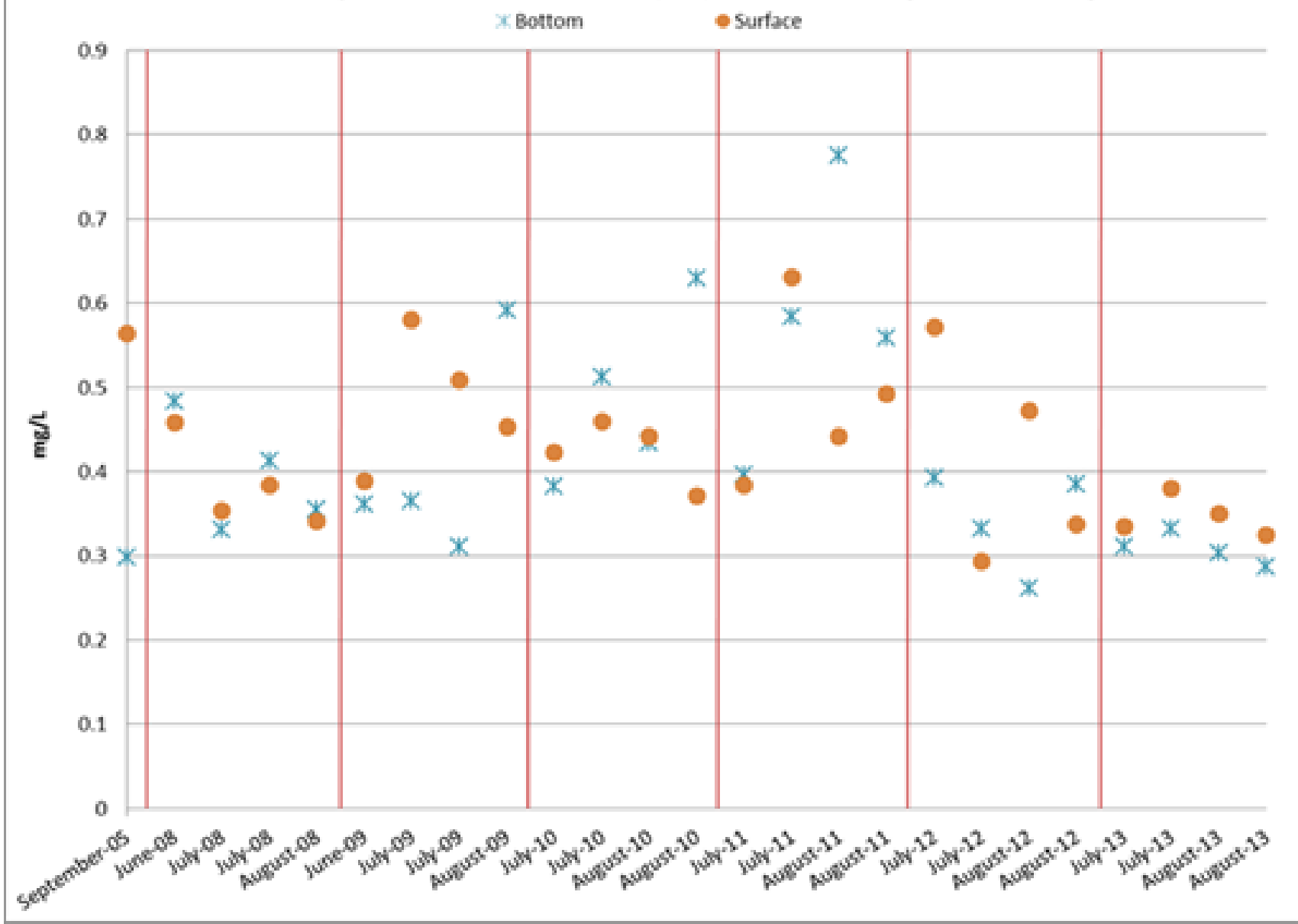


# CURRENT WATER RESOURCE MONITORING



- Groundwater Discharge Permits
- Center for Coastal Studies Stations
- Pleasant Bay Alliance Stations
- Massachusetts Estuaries Project Stations
- Coalition for Buzzards Bay Stations
- DEP Water Management Group Stations
- Ponds & Lakes Stewardship Ponds

# Three Bays Sentinel Station (18) Total Nitrogen Readings



**Nitrogen**



# Legend

## Annual Nitrate Concentration Averages (mg/L)

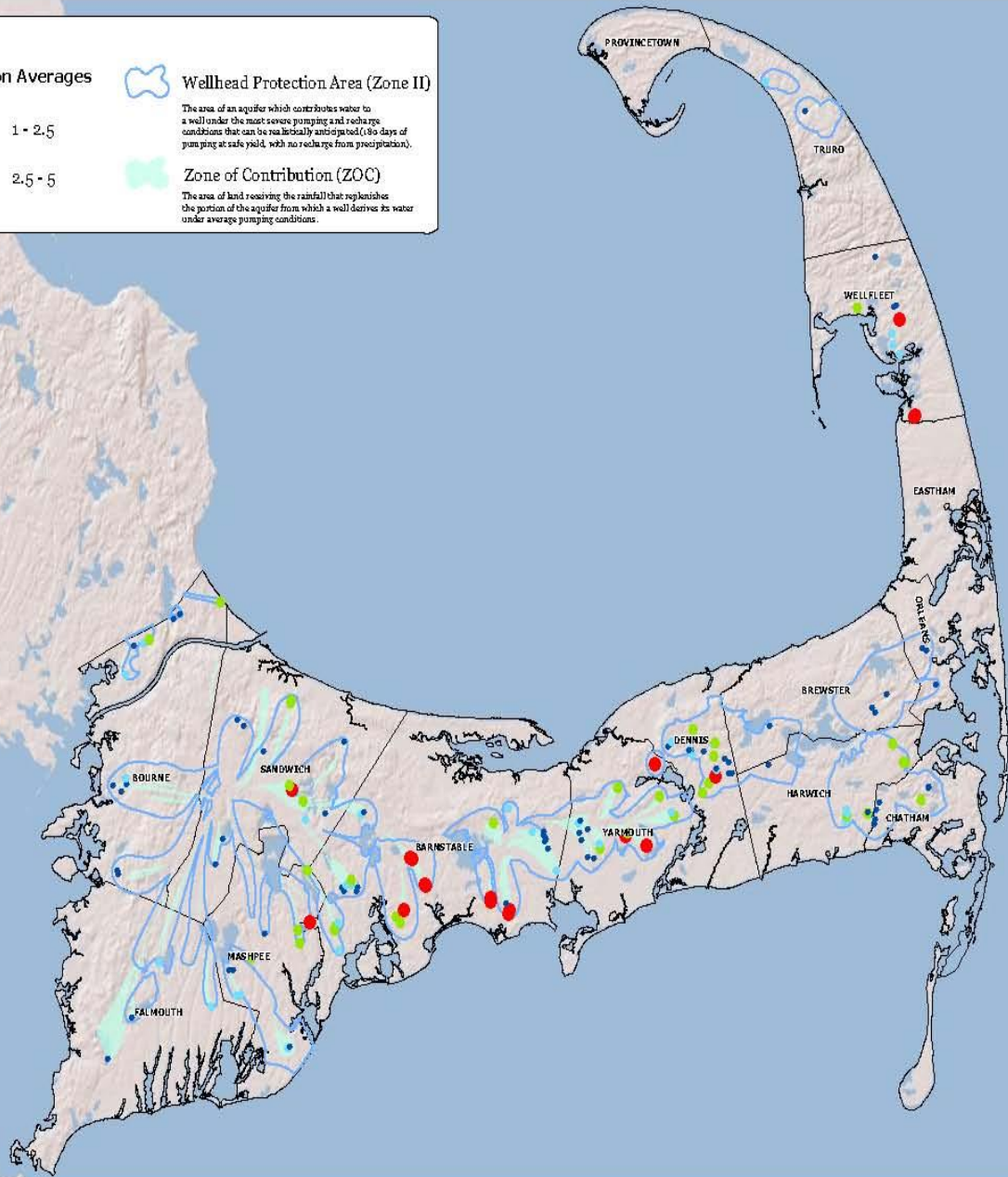
- 0 - 0.5
- 1 - 2.5
- 0.5 - 1
- 2.5 - 5

## Wellhead Protection Area (Zone II)

The area of an aquifer which contributes water to a well under the most severe pumping and recharge conditions that can be realistically anticipated (180 days of pumping at safe yield, with no recharge from precipitation).

## Zone of Contribution (ZOC)

The area of land receiving the rainfall that replenishes the portion of the aquifer from which a well derives its water under average pumping conditions.



Note(s): More than one well from the same wellfield may be represented at a single sample location. Coordinates for a well may not be the exact location where the sample location exists.

## Nitrate Concentrations in Cape Cod Public Supply Wells

The information depicted on this map is for planning purposes only. It is not adequate for legal boundary definition, regulatory interpretation, or parcel line analysis. It should not substitute for actual on-site survey, or appropriate local records.

View legend

Service Layer Credits: Copyright © 2023 Esri  
 Sources: Esri, USGS, NOAA  
 Data layers: MassGIS, USGS, CDC

Date: 7/16/2023



# Implementation

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MONITORING



# SECTION 208 AREA WIDE WATER QUALITY MANAGEMENT PLAN

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